Avoid | Deny | Defend™

During an act of violence (e.g. robbery, hostage situation, workplace violence, active shooter):

**AVOID** starts with your state of mind.
- Pay attention to your surroundings.
- Have an exit plan.
- Move away from the source of the threat as quickly as possible.
- The more distance and barriers between you and the threat, the better.

**DENY** when getting away is difficult or maybe even impossible.
- Keep distance between you and the source.
- Create barriers to prevent or slow down a threat from getting to you.
- Turn the lights off and silence your phone.
- Remain out of sight and quiet by hiding behind large objects.

**DEFEND** because you have the right to protect yourself.
- If you cannot AVOID or DENY, be prepared to DEFEND yourself.
- Be aggressive and committed to your actions.
- Do not fight fairly. THIS IS ABOUT SURVIVAL.

CALL 911 when you are in a safe area.
When Law Enforcement arrives, SHOW YOUR HANDS AND FOLLOW COMMANDS. Remember that What You Do Matters. ®

If you see or hear of something please call our tip line @ 447-2091 or the LRSD Dispatch @ 447-2075