Little Rock School District

2019-2020
School and Community Resource Directory
The Little Rock School District presents to you this School, Community, and Social Service Resource Directory. In this directory you will find organizations and service providers for Little Rock School District, Pulaski County, and more. This information has been compiled to provide principals, assistant principals, counselors, social workers, nurses, teachers and other school personnel with a pool of readily accessible information referencing resources available in the district and the greater Little Rock area, as well as other parts of the state, that serve our children, youth and their families.

This document is not intended to be a complete listing of every community resource, but will provide a list of well-established services and resources available within the greater Little Rock area, and our school district.

Counseling Department/Student Services Department
Little Rock School District
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Little Rock School District
Please see agencies listed below that provide mental health services for schools in the Little Rock School District, for more information please contact Lisa Williams @ 501-447-7384 or lisa.williams@lrsd.org

**BRIDGES OUTPATIENT 501-771-1500**

Outpatient treatment may be an option when a person has psychiatric problems such as depression, anxiety, chemical dependency or other issues. While outpatient treatment may be less disruptive to a daily life, our seasoned mental health professionals provide high quality care.

Overseen by an expert psychiatrist and serving children, adolescents and adults, the outpatient program known as Bridges provides a multi-discipline approach and may include:

- A small, safe and structured treatment environment
- Psychiatric Evaluation
- Medication Management and Evaluation
- Family Therapy
- Substance/Dependence/Abuse Treatment

**CENTERS FOR YOUTH AND FAMILIES 501-666-8686**

Offers Mental Health Evaluation/Diagnosis, individual Psychotherapy and family Psychotherapy. Centers’ providers will participate in staffing and meetings regarding their clients whenever invited or requested as often as scheduling permits. These meetings include but are not limited to parent-teacher conferences, referral conferences, IEP meetings, annual reviews, and discipline conferences or hearings when appropriate. Participation will occur with parent or guardian’s permission as evidenced by the signed release of information. In addition, communication including Centers providers must be relevant to the client’s behavior, mental health diagnosis and/or treatment, or utilized in the development of plans, strategies, and techniques for working effectively to improve functioning and ameliorate symptoms.

**DAYSpring 501-565-8501**

Dayspring services include individual psychotherapy, family psychotherapy, and group psychotherapy for children, adolescents and/or adult clients, medication management, school-based services and nursing home services. These services address numerous client needs such as psychiatric illness, emotional and behavioral problems, family and interpersonal relationships, life span issues, situational stressors and trauma resolution. The specialty programs such as the school-based services provided during or after school focus on the behavioral and mental health needs of school-aged clients, while working closely with the client’s family and school personnel.

**FAMILIES, INC. 501-982-5000**

Families, Inc. offers a variety of therapeutic services for all ages on an individual, couple, family and group basis. Through counseling, individuals receive emotional support from a licensed professional, who helps the client work to resolve conflicts with others, understand feelings such as anxiety and depression, and try out new solutions to old problems. The length of treatment, of course, depends on the complexity and severity of problems.

**LIFE STRATEGIES COUNSELING, INC. 501-663-2199**

LSCI offers a range of services and options will be discussed following an assessment of the need for mental health services. Services include: Individual mental health counseling, Group therapy, Family therapy, psychiatric evaluation and medication management, Psychological testing, Substance abuse counseling and groups, Support groups, School linked therapy services, mental health paraprofessional intervention, Crisis intervention/Stabilization and Referrals to supportive services and community resources.
LIVING HOPE  501-663-5473

Living Hope offers intensive behavioral health treatment for seriously emotionally disturbed children and adolescents in public school settings across Central Arkansas. Through collaboration and coordination with local school districts, students have access to an array of professional and para-professional services without leaving their school campus. School administrators work with Living Hope Southeast to provide a safe and confidential setting for clients to receive intensive services from our psychiatrists, therapists, and case managers. Through this school partnership, Living Hope is able to ensure the safety and success of its clients with minimal disruption to their normal educational activities.

METHODIST FAMILY HEALTH 501-661-0720

Methodist Family Health offers outpatient treatment services in communities all across the state. Venues of care include community counseling clinics, school-based counseling services, day treatment programs and specialized services such as Kaleidoscope Grief Center.

NEW BEGINNINGS BEHAVIORAL HEALTH SERVICES 501-663-1837

New Beginnings uses treatment plan goals and objectives to determine discharging of consumers. Consumers have an ongoing participation of their treatment plan goals and objectives. Family participation is strongly encouraged and it is New Beginnings belief that services should be holistic in approach. The organization helps facilitate family participation by helping with transportation and in scheduling decisions.

P.A.T CENTER 870-534-4900

The P.A.T. (people advocating transition) Center offers an array of outpatient services which include: In Home Counseling, Community Rehabilitation, Individual Outpatient Therapy, Anger Management, Family Therapy, Group Therapy, School Based Services, Substance Abuse Group, Sexual Abuse Group and more. Referrals are accepted from parents, DHS, schools, courts, and other child care agencies.

PATHFINDER, INC. 501-982-0528

Pathfinder, Inc. is a School-Based Behavioral Health Services that believes in a cooperative effort with the public schools to improve service to children/youth with serious emotional and/or behavioral disorders. The target population focuses on adolescents at risk of possible hospitalization, or removal from the traditional classroom setting, and possible long term residential treatment.

THE POINTE 501-603-2147

Pinnacle Pointe Behavioral HealthCare has provided mental health services to families in Arkansas and surrounding states since 1991. They specialize in programs for children ages 5-17 with individualized treatment for each child. The mission is to provide a safe, secure and nurturing environment and believe that early intervention is key to a child’s success. Some of their services include inpatient services - acute and residential, outpatient services, community-based services, day treatment school, and professional and community education.

PROFESSIONAL COUNSELING ASSOCIATES 501-221-1843

Child and Adolescent Service System Program

PCA is the “lead agency” for CASSP (Child and Adolescent Service System Program) in Lonoke, Prairie, and North Pulaski Counties. For children with severe emotional disturbances, or children with emotional problems whose needs require services from several different agencies or State departments, PCA arranges a multi-agency staffing to coordinate services. The following services are available to children, adolescents and their families:

- School-Based Services public schools and Head Start classrooms.
- Children’s Case Management is available at all our clinics. Parents Brochure
- Wrap Around services to meet needs that insurance does not cover, including rewards for improved behavior.
In Lonoke County our PROMOTE program serves youth who are at-risk or involved with the Division of Youth Services. [PROMOTE Brochure]

UAMS/PRI STRIVE  501-771-8261

Counseling services are conducted by trained clinicians (most are Master's level) and supervised by licensed clinicians (LMHC). Services are available in-home individual and family therapy, in-school assessment, individual and/or group therapy and consultation. Individual therapy is available as needed to enhance treatment of the client. Services also include behavioral system reconstruction.

UNITED FAMILY SERVICES  501-244-0062

This service provides individual, group, and family therapy to juveniles and their families referred by the court system, as well as aftercare clients, as designated. All services are delivered by qualified, licensed mental health professionals. The purpose of the program is to provide individuals and families an outlet for addressing issues that affect their level of functioning in the community. Consultation with the referral source is also provided, as needed.

THERAPEUTIC FAMILY SERVICES  501-332-4400

Participants are assessed by clinically trained staff to ascertain a mental health diagnosis. THS mental health clinicians partner with participants to develop a treatment plan that addresses the participant’s individual needs. THS mental health clinicians determine if the participant needs a referral to other services THS has to offer, such as individual, group and family Counseling. THS mental health clinicians address the appropriate modality of counseling the participant needs. Services like counseling and case management are provided through outreach to and engagement with the participant’s school.

YOUTH HOME  501-821-5500

Youth Home provide mental health services to Little Rock School District eligible students during regular school hours Monday through Friday. This includes any direct school-based mental health service provided in a school setting. Individual therapy, family therapy, case management, group therapy, crisis intervention, collateral contacts, clinical consultation, medication management, case coordination, interagency staffing and teacher/school staff education.
OTHER MENTAL HEALTH RESOURCES

RIVENDELL  1-800-264-5640

Rivendell is a behavioral health organization that provides a full continuum of mental health services for adults, adolescents and children, including inpatient hospitalization, long-term inpatient treatment, partial hospitalization, and outpatient services provided in a traditional office setting, school or home. Rivendell also provides educational day treatment for students experiencing difficulty in public schools, but in close coordination with the home school.

SAFE PLACES 501-374-7233

Safe Places is a non-profit organization working to help children and families throughout Arkansas. Ninety-nine percent of services are free of charge to victims of sexual assault, family violence, child abuse, human trafficking and other forms of violence. Services include individual and group support, advocacy, counseling, education/training, referral services and specialized therapies.

UAMS MEDICAL CRISIS AND LOSS CLINIC 501-526-8100

The experience of a life-threatening illness or death of a family member can be emotionally disruptive to a child’s development, as well as to the child’s entire family. Frequently, children experiencing problems in adjusting to loss or serious illness may demonstrate difficulties including increased sadness and anxiety, withdrawal from friends, decreased school achievement or medical nonadherence. The Medical Crisis and Loss Clinic was developed to assist children and families in coping with loss and change. It is a short-term intervention focused on improving long-term adjustment.

The clinic is intended for parents, whose child has died, or children and adolescents who:

- Have experienced the death of a family member or close friend from an illness,
- Have experienced a loss of function from physical trauma, or
- Have difficulty coping with the diagnosis of a chronic or life-threatening illness.
Pulaski County
<table>
<thead>
<tr>
<th><strong>ABUSE</strong></th>
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<tr>
<td>Adult Protective Services</td>
<td>1-800-482-8049</td>
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<tr>
<td>Child Protective Services (Hotline)</td>
<td>1-800-482-5964</td>
</tr>
<tr>
<td>Arkansas Attorney General’s Office Hotline</td>
<td>1-800-482-8982</td>
</tr>
<tr>
<td>Women and Children First (battered women) (Emergency crisis line)</td>
<td>1-800-332-4443</td>
</tr>
<tr>
<td>Provide shelter and a 24-hour crisis hotline for survivors of family violence, they also help women and their children find long term housing.</td>
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<tr>
<th><strong>ADULT DAYCARE</strong></th>
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<tbody>
<tr>
<td>St. Luke’s Respite Care Center (Thursdays)</td>
<td>501-753-4281</td>
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<tr>
<td>4106 JFK Blvd., NLR</td>
<td></td>
</tr>
<tr>
<td>Central AR Area Agency on Aging Carelink</td>
<td>501-372-5300</td>
</tr>
<tr>
<td>706 W. 4th St., NLR</td>
<td></td>
</tr>
<tr>
<td>SCAT (Senior Citizens Activities Today)</td>
<td>501-374-0123</td>
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<tr>
<td>Heart of Arkansas United Way</td>
<td>501-376-4567</td>
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<tr>
<th><strong>AIDS</strong></th>
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<tr>
<td>HIV Services Program Coordinator</td>
<td>501-661-2503</td>
</tr>
<tr>
<td>4815 W. Markham, Little Rock</td>
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<tr>
<td>CDC</td>
<td>1-800-458-5231</td>
</tr>
<tr>
<td>AIDS Clinical Trials Info Service (1-4pm)</td>
<td>1-800-TRIALS-A</td>
</tr>
<tr>
<td>AIDS Treatment Drug Info.</td>
<td>1-800-822-7422</td>
</tr>
<tr>
<td>Deaf Access AIDS Hotline</td>
<td>1-800-243-7889</td>
</tr>
<tr>
<td>Spanish AIDS Hotline</td>
<td>1-800-344-SIDA</td>
</tr>
<tr>
<td>National HIV &amp; AIDS Hotline</td>
<td>1-800-232-4636</td>
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<tr>
<td>Arkansas Aids Foundation</td>
<td>501-374-2898</td>
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<tr>
<th><strong>AIDS Testing</strong></th>
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<td>Planned Parenthood</td>
<td>501-666-7526</td>
</tr>
<tr>
<td>Pulaski County Central Health Unit</td>
<td>501-280-3125</td>
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<tr>
<td>Quapaw Ark Detox</td>
<td>501-686-9393</td>
</tr>
<tr>
<td>Integrated Health Care</td>
<td>501-227-7305</td>
</tr>
<tr>
<td>#5 Shackelford Plaza, Little Rock</td>
<td></td>
</tr>
<tr>
<td>Little Rock Compassion Center</td>
<td>501-296-9114</td>
</tr>
<tr>
<td>3618 Roosevelt Road (for men only)</td>
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<tr>
<td>Women, Children &amp; Men</td>
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<th><strong>Detox Centers</strong></th>
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<tr>
<td>In-Patient</td>
<td></td>
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<tr>
<td>GYST House, 24 hours</td>
<td>501-568-1682’</td>
</tr>
<tr>
<td>8101 Frenchmons Lane</td>
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<tr>
<td>Recovery Centers of Arkansas</td>
<td>501-372-4611</td>
</tr>
<tr>
<td>1201 River Road, North Little Rock</td>
<td></td>
</tr>
<tr>
<td>Ouachita County Hospital</td>
<td>870-836-1289</td>
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<tr>
<td>638 California Ave., Camden</td>
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<tr>
<th><strong>Out-Patient</strong></th>
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<tr>
<td>Alcoholics Anonymous (24 hours)</td>
<td>501-664-7303</td>
</tr>
<tr>
<td>Big Brothers Big Sisters of Central Arkansas</td>
<td></td>
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<tr>
<td>• Ms. Renee Burks, Project Director</td>
<td>501-374-6661</td>
</tr>
<tr>
<td>312 W. Pershing</td>
<td>501-375-0906 - Fax</td>
</tr>
<tr>
<td>North Little Rock, AR 72114 FAX: PSP EMAIL: <a href="mailto:rburks@bbbsca.org">rburks@bbbsca.org</a></td>
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</tr>
<tr>
<td>Greater Second Care Center, Inc.</td>
<td>501-569-9988</td>
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<tr>
<th><strong>Out-Patient (cont.)</strong></th>
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<tr>
<td>Family Service Agency</td>
<td>501-753-0202</td>
</tr>
<tr>
<td>629 W. Broadway (Drug &amp; alcohol abuse program)</td>
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</tr>
<tr>
<td>Greater Second Care Center, Inc.</td>
<td>501-569-9988</td>
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</tbody>
</table>
Kiwanis Activities, Inc. (DBA) Pfeifer Kiwanis Camp
- Mr. Sanford Tollette, Project Director 501-821-3714
- Ms. Binky Martin-Tollette, Assistant Director 501-821-3714
5512 Ferndale Cutoff
Little Rock, AR 72223
FAX: 501-8212629
PSP EMAIL: sanford@pfeifercamp.com
Website: http://www.pfeifercamp.com/
binky@pfeifercamp.com
jpkcamp@pfeifercamp.com

Information
Professional Counseling Associates 501-955-7600

UAMS Substance Abuse Treatment Clinic 501-526-8400
4301 W. Markham, Little Rock

Serenity Park – Male and Female Facility 501-663-7627
2801 W. Roosevelt, Little Rock

The Bridgeway 501-771-1500
21 Bridgeway Road, North Little Rock

CPC Pinnacle Pointe Hospital 501-223-3322
11501 Financial Center Parkway, Little Rock

Prevention Resource Center, Family Service Agency 501-372-4242

ALZHEIMER’S DISEASE
Reynold’s Institute 501-686-6219
UAMS, 2nd Floor
Evaluation by doctors and formulation of a treatment plan including the patient and the family.

BIRTH AND DEATH CERTIFICATES
Arkansas Department of Health 501-661-2336
4815 W. Markham
(To get copies of certificates for persons who were born or who died in Pulaski County)

BLINDNESS
World Services for the Blind 501-664-7100
(Also known as AR Enterprises for the Blind mobility training, preparation for independent living)

World Services for the blind (Also known as AR Enterprises for the Blind mobility training, preparation for independent living) 501-661-2336

State Library for the Blind and Physically Handicapped 501-682-1155
(Comprised of books in large print, braille, and recorded language)

records, Braille materials and equipment. Request must be filled out by a healthcare provider.

**BUS TICKETS**

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<th>Service</th>
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<tr>
<td>CAT (Central Arkansas Transit)</td>
<td>501-375-1163</td>
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<tr>
<td>Salvation Army</td>
<td>501-374-9296</td>
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**CANCER**

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<tr>
<th>Service</th>
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<tbody>
<tr>
<td>American Cancer Society</td>
<td>501-666-5409</td>
</tr>
<tr>
<td>(Promotes early detection and treatment of cancer, provides services to patients and their families)</td>
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<tr>
<td>CARTI (Central AR Radiation Therapy Institute)</td>
<td>501-664-8573</td>
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**CHILD DAYCARE**

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<tr>
<th>Service</th>
<th>Number</th>
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<tr>
<td>Division of Child Care &amp; Early Childhood Education</td>
<td>1-800-445-3316</td>
</tr>
<tr>
<td>(Provides free information to parents to help them locate childcare services in the state 8:30 am – 4:30 p.m., Monday-Friday)</td>
<td></td>
</tr>
<tr>
<td>St. Augustine Center for Children</td>
<td>501-378-0940</td>
</tr>
<tr>
<td>1410 E. 2nd Street, NLR (Serves 3-5 years, sliding scale fee)</td>
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</tr>
<tr>
<td>Hunter Child Care Center</td>
<td>501-225-7683</td>
</tr>
<tr>
<td>3301 Romine Road (Serves 6 weeks – 12 years, sliding scale fee, before and after school care)</td>
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**CHILDREN AND YOUTH SERVICES**

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<tr>
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<tbody>
<tr>
<td>AR Advocates for Children and Families</td>
<td>501-371-9678</td>
</tr>
<tr>
<td>Big Brothers/Big Sisters</td>
<td>501-374-6661</td>
</tr>
<tr>
<td>Quapaw Boy Scouts of America</td>
<td>501 664-4780</td>
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**General Information And referral**

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<thead>
<tr>
<th>Service</th>
<th>Number</th>
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<tbody>
<tr>
<td>Boys and Girls Club of Central Arkansas</td>
<td>501-666-8816</td>
</tr>
<tr>
<td>NLR Boys Club</td>
<td>501-945-3162</td>
</tr>
<tr>
<td>Girl Scouts</td>
<td>501-758-1020</td>
</tr>
<tr>
<td>Arkansas for Drug-Free Youth</td>
<td>501-375-1338</td>
</tr>
<tr>
<td>Arkansas Advocates for Children and Families</td>
<td>501-371-9678</td>
</tr>
<tr>
<td>Arkansas Association for Hearing-Impaired Children</td>
<td>TDD 221-1330</td>
</tr>
<tr>
<td>Arkansas Early Childhood Association</td>
<td>501-221-2635</td>
</tr>
<tr>
<td>Arkansas Easter Seal Society</td>
<td>501-227-3600</td>
</tr>
<tr>
<td>Arthritis Foundation Hot Line</td>
<td>(800) 482-8858</td>
</tr>
<tr>
<td>Center for Youth &amp; Families</td>
<td>501-666-8686</td>
</tr>
<tr>
<td>Child Care Referral</td>
<td>507-287-2020</td>
</tr>
<tr>
<td>Child find Hot Line</td>
<td>800-426-5678</td>
</tr>
<tr>
<td>Child Help USA</td>
<td>800-422-4453</td>
</tr>
<tr>
<td>Child Protective Services</td>
<td>501-682-1001</td>
</tr>
<tr>
<td>Kidsource</td>
<td>501-225-0997</td>
</tr>
<tr>
<td>Learning Disabilities Assoc. of Arkansas</td>
<td>501-666-8777</td>
</tr>
<tr>
<td>March of Dimes Birth Defect Foundation</td>
<td>501-663-3100</td>
</tr>
<tr>
<td>National Center for Missing &amp; Exploited Children</td>
<td>800-843-5678</td>
</tr>
<tr>
<td>National HOPeline Network</td>
<td>800-442-4673</td>
</tr>
<tr>
<td>New Futures for Little Rock Youth</td>
<td>501-374-1011</td>
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<tr>
<td>Parent Center</td>
<td>501-666-6833</td>
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<tr>
<td>Service Type</td>
<td>Organization</td>
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<tr>
<td>Health Information Hot Line</td>
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<tr>
<td>Pulaski County Youth Services</td>
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<tr>
<td>Youth Home, Inc.</td>
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<tr>
<td>Arkansas Youth Leadership Initiative</td>
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<tr>
<td>CHILDREN AND YOUTH SERVICES (Support Groups)</td>
<td>Arkansas Children’s hospital Adolescent &amp; Young Adult Clinic</td>
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<tr>
<td></td>
<td>Big Brothers/Big Sisters of Pulaski County, Inc.</td>
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<td>Centers for Youth &amp; Families</td>
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<td></td>
<td>National Runaway Safeline</td>
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<td>New Futures for Youth</td>
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<td>P.A.R.K.</td>
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<td>Shelter for Homeless &amp; Runaway Children</td>
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<td>Teen LifeLine</td>
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<td>Teen Obstetric Prenatal Parenting (TOPPS)</td>
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<td>Transitional Living Program &amp; Youth Emergency Shelter</td>
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<td>United Way First Call for Help</td>
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<td>Watershed Human &amp; Community Development Agency</td>
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<tr>
<td>CLOTHING</td>
<td>St. Francis House</td>
</tr>
<tr>
<td></td>
<td>2701 Elm Street</td>
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<tr>
<td></td>
<td>Watershed II</td>
</tr>
<tr>
<td></td>
<td>3701 Springer Blvd.</td>
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<tr>
<td></td>
<td>Goodwill Industries of Arkansas</td>
</tr>
<tr>
<td></td>
<td>1110 West 7th, Little Rock, AR 72201</td>
</tr>
<tr>
<td></td>
<td>Goodwill Industries Main Office</td>
</tr>
<tr>
<td></td>
<td>7400 Scott Hamilton Drive, Suite #50 Little Rock, AR 72209</td>
</tr>
<tr>
<td></td>
<td>Goodwill JFK Blvd. Thrift Store</td>
</tr>
<tr>
<td></td>
<td>109 Markham Park Drive Little Rock, AR 72211</td>
</tr>
<tr>
<td></td>
<td>Goodwill University Thrift Store</td>
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<tr>
<td></td>
<td>2904 South University Ave. Little Rock, AR 72204</td>
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<tr>
<td>CONSUMER ADVOCACY</td>
<td>Arkansas Community Organization</td>
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<td>Arkansas Better Business Bureau</td>
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<td>Public Service Commission</td>
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<td>Attorney General’s Office</td>
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<td>CONSUMER COUNSELING</td>
<td>Consumer Credit Counseling</td>
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<td>8am – 5pm</td>
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<td>Child Study Center</td>
</tr>
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<td></td>
<td>UAMS 5:30am – 5:00pm</td>
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<tr>
<td>COUNSELING SERVICES</td>
<td>Centers for Youth and Families</td>
</tr>
</tbody>
</table>
Outpatient Counseling Center  
5905 Forest Place, Suite 100

Salvation Army 501-374-9296
Women & Children First 501-376-3219
Poison Control and Information 501-686-6161

CRISIS/EMERGENCY SERVICES
Center for Youth Emergency Shelter 501-666-7299
Arkansas State Police Child Abuse Hotline 800-482-5964

DRUG COUNSELING/TREATMENT
Baptist Health Rehabilitation Institute 501-202-7000
Recover Care Unit 9601 I-630, Exit 7

Hoover Center/Black Community Developers Center 501-663-9621
4000 West 13th Street
Little Rock, AR 72204
Residential and Outpatient Treatment Services, Partial Day
Recovery Centers of Arkansas Carole Baxter, Executive Director
Riverbend Phone: 501-372-4611
1201 River Road Fax: 501-372-1801
North Little Rock, AR 72114 Website: www.rcofa.org
E-Mail: cbaxter@rcofa.org
RCA-Williamsburg Carole Baxter, Executive Director
6301 Father Tribou St., Telephone: 501-372-4611
Little Rock, AR 72205-3003 Fax: 501-372-1801
(Outpatient Treatment Services) E-Mail: cbaxter@rcofa.org
Serenity Park, Inc. & Serenity Home Larry Gaines, Executive Director
2801 W. Roosevelt Road Billy Deluca, Administrator
Little Rock, AR 72204 Phone: 501-663-7627
Website: http://www.serenitypark.org Toll Free: 866-699-7627
(Residential Treatment Services for Males & Fax: 501-663-2859
Females) E-Mail: serenitypark@comcast.net
(Gender Separate)
Partial Day
Outpatient (Male & Female)

EDUCATION
Arkansas Literacy Council 501-907-2490
Pleasant Hill AME Church, Free Tutoring 501-490-0267
Literacy Action of Central Arkansas 501-372-7327
Youth Challenge (AR National Guard) 501-212-5565
Arkansas Baptist Adult Education Center 501-372-1547
North Little Rock Location 501-353-1449

ELDERLY
www.seniorcorps.gov (Foster Grandparent) 501-372-5300
General Information
Central AR Area Agency on Aging 706 W. 4th Street, NLR
(Job I & R for the elderly, covering Pulaski, Saline, Lonoke, Faulkner, Monroe, & Prairie Counties)

Jacksonville Senior Wellness & Activity Center 501-982-7531
<table>
<thead>
<tr>
<th>Service</th>
<th>Description</th>
<th>Contact Information</th>
</tr>
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<tbody>
<tr>
<td>SCAT</td>
<td>Senior Citizens Activities Today 1800 S. Broadway</td>
<td>501-374-0123</td>
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<tr>
<td>Life Quest</td>
<td>NW Little Rock area</td>
<td>501-225-6073</td>
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<tr>
<td>Advocates</td>
<td>Care Links&lt;br&gt;(Assistance to the elderly living at home in the following areas of need: neglect &amp; exploitation, Social Security, SSI, food stamps, private pensions, and veteran’s benefits.)&lt;br&gt;National Council on Aging</td>
<td>501-372-5300</td>
</tr>
<tr>
<td>Employment</td>
<td>Care Link&lt;br&gt;(Employment opportunities for those 55 and older in Pulaski, Saline, Lonoke, Faulkner, Monroe &amp; Prairie Counties)&lt;br&gt;SCORE (Sr. Corp of Retired Persons)&lt;br&gt;(Matches retired executives with agencies which can benefit from their expertise)</td>
<td>501-372-5300</td>
</tr>
<tr>
<td>Eye Care</td>
<td>Eye Care of America&lt;br&gt;(Free care to detect and treat blindness (elderly only). This does not cover exams for eyeglass prescriptions.)&lt;br&gt;<a href="http://www.eyecareamericalorg">www.eyecareamericalorg</a></td>
<td>1-800-222-3937</td>
</tr>
<tr>
<td>Food/Meals</td>
<td>Meals on Wheels (Care Link)&lt;br&gt;SCAT (Sr. Citizens Activities Today)&lt;br&gt;(Activities, meals, crafts, &amp; recreation)&lt;br&gt;Food Stamps&lt;br&gt;(If a client receives SSI, he/she is eligible for food stamps. Any local Sr. Citizen’s center can help with application)</td>
<td>501-372-5300</td>
</tr>
<tr>
<td>Home Maintenance</td>
<td>Park Hill Baptist Church Small Maintenance Repair Team&lt;br&gt;201 East C Street, NLR</td>
<td>501-753-3413</td>
</tr>
<tr>
<td>Medicaid</td>
<td>Medicaid can be granted to anyone receiving SSI. It helps to pay for hospital and personal care. Proof of SSI is required when filing.&lt;br&gt;Carelink Live In/Sitter Program</td>
<td>501-682-8233</td>
</tr>
<tr>
<td>Respite Care</td>
<td>St. Luke’s Respite Care&lt;br&gt;4106 JFK Blvd.&lt;br&gt;St. Vincent Home Care&lt;br&gt;6701 W. 12th Street&lt;br&gt;(For someone to stay with homebound patients)&lt;br&gt;Visiting Nurse Association&lt;br&gt;6071 W. 12th Street&lt;br&gt;(In-homecare, nutrition, counseling, speech, physical, &amp; occupational therapy, support and social work consultation)</td>
<td>501-753-4281 501-663-7198 501-664-4933</td>
</tr>
</tbody>
</table>
Central AR Home Health Agency 501-661-2614

Senior Citizen’s Center
Camp Aldersgate 501-225-1444
2000 Aldersgate Rd.
Campus Towers Housing Project 501-374-1352
1101 E. 7th Street, NLR
East End Senior Center 501-374-2881
2500 E. 6th Street
Glenview Recreation Center 501-945-2921
4800 E. 19th Street
Heritage House Activity Center for Senior Citizens 501-758-9941
2301 Division Street, NLR
Jacksonville Senior Center 501-982-7531
100 Victory Circle
Maumelle Senior Center 501-851-4344
Parris Towers Senior Center 501-374-0123
1800 S. Broadway
Willow House Housing Project 501-758-3670
2500 Willow, NLR
Saline Co. Senior Adult Center 501-776-0255
210 Jefferson Street, Benton

EMERGENCY NUMBERS
Arkansas Department of Health 501-661-2000
After Hours 501-661-2136

Pulaski County
Pulaski County Health Department 501-280-3100
Arkansas Children’s Hospital - Emergency 501-364-1185
Baptist Medical Center – Emergency 501-202-2000
DHS Children and Family Services 501-682-2119

Little Rock Police Department 911
North Little Rock Police 501-771-1200
Little Rock Fire Department 501-371-4485
North Little Rock Fire Department 501-340-5377
Poison Control – (UAMS) 1-800-222-1222
FBI 501-221-9100
EPA – National Response Center 1-800-424-8802
(To report toxic chemical and oil spills)

EMPLOYMENT RESOURCES
American Indian Center of Arkansas 501-666-9032
1100 N. University #143
Arkansas Workforce 501-682-2121
5401 South University
Little Rock, AR

Salvation Army 501-374-9296
1111 W. Markham
Watershed II 501-378-0176
3701 Confederate Blvd.

Our House 501-375-2416
822 Louisiana
Florence Crittenton Home 501-663-0772
(For pregnant teenagers)
Job Corps 501-618-2500
(For those 16-21 years of age, providing training, transportation, and child care)
St. Francis House
2701 S. Elm
(Occasionally they will help with rent)

FAMILY PLANNING
Family Planning Clinic
(Arkansas Department of Health)

Planned Parenthood

Arkansas Children’s Hospital Adolescent Center

FINANCIAL COUNSELING
Southwest Health Clinic

Consumer Credit Counseling Service
628 W. Broadway
North Little Rock

FOOD - Groceries
Camp Aldersgate
2000 Aldersgate Rd.
(FCFH must call Camp Aldersgate and refer the client.)

Helping Hand
1601 Marshall
(Closes at 2:00 daily, except Thursday, when it closes at noon.)

Salvation Army
1111 W. Markham
(As well as other branches)

St. Francis House
2701 S. Elm
Watershed II
3701 Springer Blvd.
Gardner Methodist Church
18th & Schaer, NLR

St. Francis House
2701 S. Elm
Watershed II
3701 Springer Blvd.
Gardner Methodist Church
18th & Schaer, NLR

Park Hill Baptist Church
201 East C Street, NLR

WIC (Health Department)
5800 W 10th, Suite 810
WIC
1321 Hill Street, Jacksonville

Hot Meals
Stew Pot
First Presbyterian Church, 8th & Scott St.
(Monday – Friday, 12:00 – 1:00)

Friendly Chapel Soup Kitchen
116 S. Pine, NLR (Monday – Friday)

Stone Soup
Quapaw Quarter Methodist Church, 6th & Louisiana
(Hot meal on Sunday, 12:00 - 4:00)

FUNERAL
Casework Division of Governor’s Office
501-682-2345
FURNITURE

**No agency routinely has free furniture.** Furniture may be purchased at area thrift stores (such as Salvation Army at 3618 W. Roosevelt, or Goodwill at 1201 W. 7th). Occasionally, the following agencies may have furniture to give away:

- St. Francis House 501-664-5036
- Adolescent Center 501-364-8336
- 1201 Bishop, Little Rock, AR
- Care for teens age 12-21. Sports physical, Immunizations, counseling. Appointments only.

HEALTH SERVICES

- Arkansas Children’s Hospital
  800 Marshall, Little Rock, AR 72201 501-364-1100
- Baptist Medical Center
  Care for sick children. Immunizations for preschoolers only. No appointment necessary.
- Pulaski County Central Health Clinic
  College Station Clinic
  Pulaski County Central Health, Little Rock 501-490-1602
  Jacksonville Health Clinic 501-280-3100
  Health Department Clinic 501-982-7477
  Southwest Health Clinic 501-280-3340
  501-565-9311
- Planned Parenthood 501-666-7526
- St. Francis House 501-664-5036
- St. Vincent’s Health Clinic East 501-552-4710
- UAMS Medical Center 501-686-7000
- Westside Free Medical Clinic 501-664-0340

Infant & Child

- Pulaski County Health Departments
  (See numbers and locations above)

Child Care Referral Services

- Arkansas Children’s Hospital General Pediatric Clinic

Child Care Referral Services

- Arkansas Human Services 1-800-445-3316
- Child Care Education
- Children and Family Services/ Neglect 501-682-8772
- Children and Family Service/Childcare 501-682-8590
- New Futures for Little Rock Youth 501-374-1011

HEARING SERVICES

- Arkansas Children’s Hospital Audiology and Speech Clinic
  4815 W. Markham

Child Care Referral Services

- Audiology and Speech Pathology 501-569-3155
  5820 Asher Ave. Suite 600
  (Adult hearing rehabilitation, hearing evaluation, individual work and counseling, speech therapy, sliding scale fee, and regular fee payment)
- Arkansas School for the Deaf 501-324-9506
- Arkansas Rehabilitation Services 501-686-2800
## HOMELESS SHELTERS

### Women & Children

**Dorcas House**  
823 South Park  
(For women and children, average length of stay is 6 weeks; provides shelter, food, clothing, and social work assistance. 24 hour service)  
501-374-4022

**Women and Children First**  
(Shelter & support for battered women & children for up to 45 days, 24 hour service)  
501-376-3219

### Teens

**Centers for Youth and Families**  
6425 W. 12th  
(Crisis counseling, shelter, food & clothing for runaway and homeless youth ages 8-17 in crisis situations for up to 45 days, 24 hour service)  
501-666-4949

### Student

**Immerse Arkansas**  
5300 Asher Avenue  
Little Rock, AR 72204  
Crisis Line: 501-510-SAFE

### Families

**Our House**  
302 E. Roosevelt  
(Food, shelter, clothing, employment, housing assistance to homeless men, women & children for 30 days, extensions may be granted, check-in: 4:30 – 5:00 pm, emergency check-in til 10:00 pm)  
501-375-2416

**Salvation Army**  
1111 W. Markham  
(Food, shelter, employment, and social work counseling for men, women, and children for 5 days, check-in at 4:30)  
501-374-9296

### Men

**Salvation Army Adult Rehabilitation Center**  
3618 W. Roosevelt  
(*Medium termed care of adult men with treatable handicaps such as alcoholism and homelessness.*)  
501-374-9296

**Union Rescue Mission Transient Lodge**  
615 Magnolia, NLR  
(*Food, shelter, & clothing for men for 3 nights every 10 days, check-in 3:00 p.m. – 7:00 a.m.*)  
501-376-8470

### Services

**Homeless Education Program, LRSD**  
501 Sherman Street, Little Rock, AR 72202  
501-447-2988

### HOSPITALS/CLINICS

**AR Children’s Hospital**  
501-364-1100

**AR Children’s Hospital Development Center**  
(Evaluation & therapy for developmentally delayed children)  
501-364-1100

### Free Clinics:

**Harmony Health Clinic, 201 E. Roosevelt Rd., by**  
501-375-4400
Appointment only (medical and dental) Monday – Thursday 9am – 3 pm Walk in Accepted only Thursdays 5 – 9pm

HOTLINES

Suicide 1-800-273-TALK
Child Abuse 1-800-4achild 1-800-422-4453
National Runaway Switchboard 1-800-786-2929
Substance Abuse Hotline 1-855-649-6079
Cocaine 1-844-888-6908
National STD and AIDS Hotline 1-800-448-0440
Arkansas State Health Department 1-800-462-0599
Battered Women 1-802-658-1996
Child Abuse Hotline 1-800-422-4453
DHS Client Assistance 1-800-482-8988
National Highway Auto Safety 1-800-424-9393
Beech-Nut Nutrition for Babies 1-800-233-2468
Product Safety 1-800-638-2772
Alcoholics Anonymous 1-800-ALCOHOL
CDC 1-800-458-5231
American Council for the Blind 1-800-424-8666
Arkansas Trauma Foundation 1-212-772-0608
Cancer Information Service 1-800-4-CANCER
Child Find 1-800-HAMLOST
Children’s Hospice 1-719-683-2792
American Diabetes 1-800-342-2383
Gambling 1-800-GAMBLER
National Adoption Center 1-800-TO-ADOPT
National Association for Hearing & Speech Action 1-800-638-8255
National Council on Alcoholism 1-800-475-HOPE
National Grief Recovery Institute 1-800-334-7606
National Brain Injury Association 1-800-444-NHIF
National Health Information Clearinghouse 1-800-336-4797
Parents Anonymous 1-909-621-6184
Co-parenting and Abduction 1-800-A-WAY-OUT
National Rehabilitation 1-800-34-NARIC
Relapse Prevention Hotline 1-866-949-8009
Sexually Transmitted Disease 1-800-227-8922
Shriner’s Hospital 1-800-237-5055
Trauma 1-800-556-7890

(Teens can go to any local hospital that sponsors Operation Safe Place)

HOUSING

Pulaski County Housing Agency 501-340-3384
201 S. Broadway, Suite 220
Little Rock, AR 72201

Public Housing
Little Rock Office 501-758-8911
North Little Rock Office 501-376-7151
ACORN

LEGAL SERVICES

Center for AR Legal Services 1-800-950-5817
Little Rock
Auditor of State 501-682-6030

American Civil Liberties Union 501-374-2660
Arkansas Bar Association 501-375-4606
Prosecuting Attorney’s Office 501-340-8000
MENTAL HEALTH

National Alliance for the Mentally Ill
501-661-1548 or 1-800-844-0381
Arkansas Cares
501-771-1500
United Methodist Children’s Home
Shari Willding
Program administrator
Phone: 501-906-4247
Fax: 501-296-1714
Email: swillding@mthodistfamily.org

Arkansas State Hospital
501-686-8000
4313 West Markham, Little Rock, AR 72201
Bridgeway
501-771-1500
#12 Bridgeway Road, NLR
Centers for Youth and Families
501-666-8686
6101 W. 12th Street
(Parent Center)
Centers for Youth and Families
501-666-4949
6601 W 12th Street
(Diagnostic counseling for emotionally troubled children)
Dayspring Therapeutic Mental Health Center
501-565-8501
9914 I-30
Little Rock, AR 72209
Family Service Agency
501-372-4242
628 West Broadway, Little Rock, AR 72114
Little Rock Community Mental Health
501-686-9300
4400 Sheffield
L.O.V.E. “Let Our Violence End” Inc.
501-516-1602
(Healing Waters Outreach Center)
14036 Sardis Road, Shannon Hills, AR 72103
www.letourviolenceend.com

Make a Wish Foundation
501-376-4650
Parental and Teen Pregnancy Hotline
800-235-0002
State Health Department
501-661-2000
Methodist Family Health
501-661-0720
1600 Aldersgate Rd. #200
Little Rock, AR 72205
Pinnacle Point Hospital
501-223-3322
11501 Financial Parkway, LR, AR
Professional Counseling Associates
501-221-1843
3601 Richards Road, North Little Rock, AR 72117
Rivendell Behavioral Health Services
501-316-1255
6724 interstate 30
Planned parenthood
501-666-3243
Pulaski County Health Department
501-280-310
Little Rock Family Planning Service
501-225-3836
Catholic Diocese of Little Rock-Adoption
501-664-0340
2415 N. Tyler Street

UAMS Walker Family Clinic
501-526-8200
(Appointments)
4301 West Markham, Little Rock, AR, 72205
<table>
<thead>
<tr>
<th><strong>PARENTING CLASSES</strong></th>
<th>Center for Youth &amp; Families Parent Center</th>
<th>501-666-6833</th>
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<tr>
<td><strong>PREGNANCY/HEALTH EDUCATION</strong></td>
<td>Department of Human Services Adoption Service</td>
<td>501-682-1001</td>
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<tr>
<td></td>
<td>Florence Crittendon</td>
<td>800-522-6630</td>
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<td>AR Department of Health</td>
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<td></td>
<td>Promise House</td>
<td>501-376-4791</td>
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<tr>
<td></td>
<td>(Residential Care for Pregnant teens)</td>
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<td></td>
<td>Pulaski County Health Department (STD)</td>
<td>501-280-3125</td>
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<td>3915 W. 8th Street, Little Rock, AR</td>
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<tr>
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<td>Pulaski County Youth Services</td>
<td>501-340-8250</td>
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<td>Learning Disabilities Association of Arkansas</td>
<td>501-666-8777</td>
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<td><strong>Teenage Parenting</strong></td>
<td>Teen Parent Program</td>
<td>501-666-6833</td>
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<td>Overeaters Anonymous</td>
<td>479-474-9606</td>
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<td>St. Francis House, 24 hours</td>
<td>501-664-5036</td>
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<td><strong>PREVENTION/EDUCATION</strong></td>
<td>American Red Cross</td>
<td>501-748-1000 Or</td>
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<td>Assistance</td>
<td>800-REDCROSS</td>
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<td></td>
<td>Arkansas Advocates for Children and Family</td>
<td>501-371-9678</td>
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<td></td>
<td>CPC Pinnacle Pointe Hospital</td>
<td>501-223-3322</td>
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<tr>
<td><strong>SUPPORT GROUPS</strong></td>
<td>Teen Hotline</td>
<td>1-800-852-8336</td>
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<td>Women and Children First</td>
<td>1-800-332-4443</td>
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<tr>
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<td>CPC Pinnacle Pointe Hospital</td>
<td>501-223-3322</td>
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<tr>
<td></td>
<td>Dorcas House</td>
<td>501-374-4022</td>
</tr>
<tr>
<td><strong>UTILITY ASSISTANCE</strong></td>
<td>CADC (Central Arkansas Development Council)</td>
<td>501-603-0909</td>
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<td><strong>VIOLENT BEHAVIOR</strong></td>
<td>Family Service Agency - Anger Management Program and Domestic Violence</td>
<td>501-372-4242</td>
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<tr>
<td><strong>YOUTH HOME</strong></td>
<td>Behavioral Health Service of Arkansas</td>
<td>501-954-7470</td>
</tr>
<tr>
<td></td>
<td>Outpatient Phone</td>
<td>501-954-7470</td>
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