



Little Rock School District

2019-2020

**School and Community Resource
Directory**

August, 2019

The Little Rock School District presents to you this School, Community, and Social Service Resource Directory. In this directory you will find organizations and service providers for Little Rock School District, Pulaski County, and more. This information has been compiled to provide principals, assistant principals, counselors, social workers, nurses, teachers and other school personnel with a pool of readily accessible information referencing resources available in the district and the greater Little Rock area, as well as other parts of the state, that serve our children, youth and their families.

This document is not intended to be a complete listing of every community resource, but will provide a list of well-established services and resources available within the greater Little Rock area, and our school district.

Counseling Department/Student Services Department
Little Rock School District

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Little Rock School District

Please see agencies listed below that provide mental health services for schools in the Little Rock School District, for more information please contact Lisa Williams @ 501-447-7384 or lisa.williams@lrzd.org

BRIDGES OUTPATIENT 501-771-1500

Outpatient treatment may be an option when a person has psychiatric problems such as depression, anxiety, chemical dependency or other issues. While outpatient treatment may be less disruptive to a daily life, our seasoned mental health professionals provide high quality care.

Overseen by an expert psychiatrist and serving children, adolescents and adults, the outpatient program known as Bridges provides a multi-discipline approach and may include:

- A small, safe and structured treatment environment
- Psychiatric Evaluation
- Medication Management and Evaluation
- Family Therapy
- Substance/Dependence/Abuse Treatment

CENTERS FOR YOUTH AND FAMILIES 501-666-8686

Offers Mental Health Evaluation/Diagnosis, individual Psychotherapy and family Psychotherapy. Centers' providers will participate in staffing and meetings regarding their clients whenever invited or requested as often as scheduling permits. These meetings include but are not limited to parent-teacher conferences, referral conferences, IEP meetings, annual reviews, and discipline conferences or hearings when appropriate. Participation will occur with parent or guardian's permission as evidenced by the signed release of information. In addition, communication including Centers providers must be relevant to the client's behavior, mental health diagnosis and/or treatment, or utilized in the development of plans, strategies, and techniques for working effectively to improve functioning and ameliorate symptoms.

DAYSRING 501-565-8501

Dayspring services include individual psychotherapy, family psychotherapy, and group psychotherapy for children, adolescents and/or adult clients, medication management, school-based services and nursing home services. These services address numerous client needs such as psychiatric illness, emotional and behavioral problems, family and interpersonal relationships, life span issues, situational stressors and trauma resolution. The specialty programs such as the school-based services provided during or after school focus on the behavioral and mental health needs of school-aged clients, while working closely with the client's family and school personnel.

FAMILIES, INC. 501-982-5000

Families, Inc. offers a variety of therapeutic services for all ages on an individual, couple, family and group basis. Through counseling, individuals receive emotional support from a licensed professional, who helps the client work to resolve conflicts with others, understand feelings such as anxiety and depression, and try out new solutions to old problems. The length of treatment, of course, depends on the complexity and severity of problems.

LIFE STRATEGIES COUNSELING, INC. 501-663-2199

LSCI offers a range of services and options will be discussed following an assessment of the need for mental health services. Services include: Individual mental health counseling, Group therapy, Family therapy, psychiatric evaluation and medication management, Psychological testing, Substance abuse counseling and groups, Support groups, School linked therapy services, mental health paraprofessional intervention, Crisis intervention/Stabilization and Referrals to supportive services and community resources.

LIVING HOPE 501-663-5473

Living Hope offers intensive behavioral health treatment for seriously emotionally disturbed children and adolescents in public school settings across Central Arkansas. Through collaboration and coordination with local school districts, students have access to an array of professional and para-professional services without leaving their school campus. School administrators work with Living Hope Southeast to provide a safe and confidential setting for clients to receive intensive services from our psychiatrists, therapists, and case managers. Through this school partnership, Living Hope is able to ensure the safety and success of its clients with minimal disruption to their normal educational activities.

METHODIST FAMILY HEALTH 501-661-0720

Methodist Family Health offers outpatient treatment services in communities all across the state. Venues of care include community counseling clinics, school-based counseling services, day treatment programs and specialized services such as Kaleidoscope Grief Center.

NEW BEGINNINGS BEHAVIORAL HEALTH SERVICES 501-663-1837

New Beginnings uses treatment plan goals and objectives to determine discharging of consumers. Consumers have an ongoing participation of their treatment plan goals and objectives. Family participation is strongly encouraged and it is New Beginnings belief that services should be holistic in approach. The organization helps facilitate family participation by helping with transportation and in scheduling decisions.

P.A.T CENTER 870-534-4900

The P.A.T. (people advocating transition) Center offers an array of outpatient services which include: In Home Counseling, Community Rehabilitation, Individual Outpatient Therapy, Anger Management, Family Therapy, Group Therapy, School Based Services, Substance Abuse Group, Sexual Abuse Group and more. Referrals are accepted from parents, DHS, schools, courts, and other child care agencies.

PATHFINDER, INC. 501-982-0528

Pathfinder, Inc. is a School-Based Behavioral Health Services that believes in a cooperative effort with the public schools to improve service to children/youth with serious emotional and/or behavioral disorders. The target population focuses on adolescents at risk of possible hospitalization, or removal from the traditional classroom setting, and possible long term residential treatment.

THE POINTE 501-603-2147

Pinnacle Pointe Behavioral HealthCare has provided mental health services to families in Arkansas and surrounding states since 1991. They specialize in programs for children ages 5-17 with individualized treatment for each child. Their mission is to provide a safe, secure and nurturing environment and believe that early intervention is key to a child's success. Some of their services include inpatient services - acute and residential, outpatient services, community-based services, day treatment school, and professional and community education.

PROFESSIONAL COUNSELING ASSOCIATES 501-221-1843**Child and Adolescent Service System Program**

PCA is the "lead agency" for CASSP (Child and Adolescent Service System Program) in Lonoke, Prairie, and North Pulaski Counties. For children with severe emotional disturbances, or children with emotional problems whose needs require services from several different agencies or State departments, PCA arranges a multi-agency staffing to coordinate services. The following services are available to children, adolescents and their families:

- School-Based Services public schools and Head Start classrooms.
- Children's Case Management is available at all our clinics. Parents Brochure
- Wrap Around services to meet needs that insurance does not cover, including rewards for improved behavior.

- In Lonoke County our PROMOTE program serves youth who are at-risk or involved with the Division of Youth Services. [PROMOTE Brochure](#)

UAMS/PRI STRIVE 501-771-8261

Counseling services are conducted by trained clinicians (most are Master's level) and supervised by licensed clinicians (LMHC). Services are available in-home individual and family therapy, in-school assessment, individual and /or group therapy and consultation. Individual therapy is available as needed to enhance treatment of the client. Services also include behavioral system reconstruction.

UNITED FAMILY SERVICES 501-244-0062

This service provides individual, group, and family therapy to juveniles and their families referred by the court system, as well as aftercare clients, as designated. All services are delivered by qualified, licensed mental health professionals. The purpose of the program is to provide individuals and families an outlet for addressing issues that affect their level of functioning in the community. Consultation with the referral source is also provided, as needed.

THERAPEUTIC FAMILY SERVICES 501-332-4400

Participants are assessed by clinically trained staff to ascertain a mental health diagnosis. THS mental health clinicians partner with participants to develop a treatment plan that addresses the participant's individual needs. THS mental health clinicians determine if the participant needs a referral to other services THS has to offer, such as individual, group and family Counseling. THS mental health clinicians address the appropriate modality of counseling the participant needs. Services like counseling and case management are provided through outreach to and engagement with the participant's school.

YOUTH HOME 501-821-5500

Youth Home provide mental health services to Little Rock School District eligible students during regular school hours Monday through Friday. This includes any direct school-based mental health service provided in a school setting. Individual therapy, family therapy, case management, group therapy, crisis intervention, collateral contacts, clinical consultation, medication management, case coordination, interagency staffing and teacher/school staff education.

OTHER MENTAL HEALTH RESOURCES

RIVENDELL 1-800-264-5640

Rivendell is a behavioral health organization that provides a full continuum of mental health services for adults, adolescents and children, including inpatient hospitalization, long-term inpatient treatment, partial hospitalization, and outpatient services provided in a traditional office setting, school or home. Rivendell also provides educational day treatment for students experiencing difficulty in public schools, but in close coordination with the home school.

SAFE PLACES 501-374-7233

Safe Places is a non-profit organization working to help children and families throughout Arkansas. Ninety-nine percent of services are free of charge to victims of sexual assault, family violence, child abuse, human trafficking and other forms of violence. Services include individual and group support, advocacy, counseling, education/training, referral services and specialized therapies.

UAMS MEDICAL CRISIS AND LOSS CLINIC 501-526-8100

The experience of a life-threatening illness or death of a family member can be emotionally disruptive to a child's development, as well as to the child's entire family. Frequently, children experiencing problems in adjusting to loss or serious illness may demonstrate difficulties including increased sadness and anxiety, withdrawal from friends, decreased school achievement or medical nonadherence. The Medical Crisis and Loss Clinic was developed to assist children and families in coping with loss and change. It is a short-term intervention focused on improving long-term adjustment.

The clinic is intended for parents, whose child has died, or children and adolescents who:

- Have experienced the death of a family member or close friend from an illness,
- Have experienced a loss of function from physical trauma, or
- Have difficulty coping with the diagnosis of a chronic or life-threatening illness.

Pulaski County

ABUSE

Adult Protective Services	1-800-482-8049
Child Protective Services (Hotline)	1-800-482-5964
Arkansas Attorney General's Office Hotline	1-800-482-8982
Women and Children First (battered women) (Emergency crisis line)	501-376-3219 or 1-800-332-4443
Provide shelter and a 24-hour crisis hotline for survivors of family violence, they also help women and their children find long term housing.	

ADULT DAYCARE

St. Luke's Respite Care Center (Thursdays) 4106 JFK Blvd., NLR	501-753-4281
Central AR Area Agency on Aging Carelink 706 W. 4 th St., NLR	501-372-5300
SCAT (Senior Citizens Activities Today)	501-374-0123
Heart of Arkansas United Way	501-376-4567

AIDS

HIV Services Program Coordinator 4815 W. Markham, Little Rock	501-661-2503
CDC	1-800-458-5231
AIDS Clinical Trials Info Service (1-4pm)	1-800-TRIALS-A
AIDS Treatment Drug Info.	1-800-822-7422
Deaf Access AIDS Hotline	1-800-243-7889
Spanish AIDS Hotline	1-800-344-SIDA
National HIV & AIDS Hotline	1-800-232-4636
Arkansas Aids Foundation	501-374-2898

AIDS Testing

Planned Parenthood	501-666-7526
Pulaski County Central Health Unit	501-280-3125

ALCOHOL & OTHER DRUG ABUSE

Quapaw Ark Detox Integrated Health Care #5 Shackelford Plaza, Little Rock	501-686-9393 501-227-7305
Little Rock Compassion Center 3618 Roosevelt Road (for men only) Women, Children & Men	501-296-9114

Detox Centers In-Patient

GYST House, 24 hours 8101 Frenchmons Lane	501-568-1682`
Recovery Centers of Arkansas 1201 River Road, North Little Rock	501-372-4611
Ouachita County Hospital 638 California Ave., Camden	870-836-1289

Out-Patient

Alcoholics Anonymous (24 hours)	501-664-7303
Big Brothers Big Sisters of Central Arkansas	
• Ms. Renee Burks, Project Director	501-374-6661
312 W. Pershing	501- 375-0906 - Fax
North Little Rock, AR 72114 FAX:	
PSP EMAIL: rburks@bbbsca.org	

Out-Patient (cont.)

Family Service Agency 629 W. Broadway (Drug & alcohol abuse program)	501-753-0202
Greater Second Care Center, Inc.	501-569-9988

- Mr. Fred Harvey, Project Director 501- 570-0000 - Fax
After School Care
5615 Geyer Springs Rd.
Little Rock, AR 72209
PSP EMAIL: fharvey@greatersecond.org
CLFC@greatersecond.org

Kiwanis Activities, Inc. (DBA) Pfeifer Kiwanis
Camp

- Mr. Sanford Tollette, Project Director 501-821-3714
- Ms. Binky Martin-Tollette, Assistant Director 501-821-3714

5512 Ferndale Cutoff
Little Rock, AR 72223
FAX: 501-8212629
PSP EMAIL: sanford@pfeifercamp.com
Website: <http://www.pfeifercamp.com/>
binky@pfeifercamp.com
jpkcamp@pfeifercamp.com

Information

Professional Counseling Associates 501-955-7600

UAMS Substance Abuse Treatment Clinic 501-526-8400

4301 W. Markham, Little Rock
Serenity Park – Male and Female Facility 501-663-7627
2801 W. Roosevelt, Little Rock

The Bridgeway 501-771-1500

21 Bridgeway Road, North Little Rock

CPC Pinnacle Pointe Hospital 501-223-3322

11501 Financial Center Parkway, Little Rock

Prevention Resource Center, Family Service Agency 501-372-4242

**ALZHEIMER'S
DISEASE**

Reynold's Institute 501-686-6219
UAMS, 2nd Floor

Evaluation by doctors and formulation of a
treatment plan including the patient and the
family.

**BIRTH AND DEATH
CERTIFICATES**

Arkansas Department of Health 501-661-2336
4815 W. Markham

(To get copies of certificates for persons who
were born or who died in Pulaski County)

BLINDNESS

World Services for the Blind 501-664-7100

(Also known as AR Enterprises for the Blind
mobility training, preparation for independent
living)

World Services for the blind (Also known as 501-661-2336
AR Enterprises for the Blind mobility training,
preparation for independent living)

State Library for the Blind and Physically 501-682-1155

Handicapped
(Free large print books for loan, cassettes,

records, Braille materials and equipment.
Request must be filled out by a healthcare
provider.)

BUS TICKETS	CAT (Central Arkansas Transit)	501-375-1163
	Salvation Army	501-374-9296
CANCER	American Cancer Society (Promotes early detection and treatment of cancer, provides services to patients and their families)	501-666-5409
	CARTI (Central AR Radiation Therapy Institute)	501-664-8573
CHILD DAYCARE	Division of Child Care & Early Childhood Education (Provides free information to parents to help them locate childcare services in the state 8:30 am – 4:30 p.m., Monday-Friday)	1-800-445-3316
	St. Augustine Center for Children 1410 E. 2 nd Street, NLR (Serves 3-5 years, sliding scale fee)	501-378-0940
	Hunter Child Care Center 3301 Romine Road (Serves 6 weeks – 12 years, sliding scale fee, before and after school care)	501-225-7683
CHILDREN AND YOUTH SERVICES	AR Advocates for Children and Families	501-371-9678
	Big Brothers/Big Sisters	501-374-6661
General Information And referral	Quapaw Boy Scouts of America	501 664-4780
	Boys and Girls Club of Central Arkansas	501-666-8816
	NLR Boys Club	501-945-3162
	Girl Scouts	501-758-1020
	Arkansas for Drug-Free Youth	501-375-1338
	Arkansas Advocates for Children and Families	501-371-9678
	Arkansas Association for Hearing-Impaired Children	TDD 221-1330
	Arkansas Early Childhood Association	501-221-2635
	Arkansas Easter Seal Society	501-227-3600
	Arthritis Foundation Hot Line	(800) 482-8858
	Center for Youth & Families	501-666-8686
	Child Care Referral	507- 287-2020
	Child find Hot Line	800-426-5678
	Child Help USA	800-422-4453
	Child Protective Services	501-682-1001
Kidsource	501-225-0997	
Learning Disabilities Assoc. of Arkansas	501-666-8777	
March of Dimes Birth Defect Foundation	501-663-3100	
National Center for Missing & Exploited Children	800-843-5678	
National HOPEline Network	800-442-4673	
New Futures for Little Rock Youth	501-374-1011	
Parent Center	501-666-6833	

	Health Information Hot Line	800-235-0002
	Pulaski County Youth Services	501-340-6688
	Youth Home, Inc.	501-821-5500
	Arkansas YouthLeadership Initiative	501-375-1338
CHILDREN AND YOUTH SERVICES (Support Groups)	Arkansas Children’s hospital Adolescent & Young Adult Clinic	501-364-1100
	Big Brothers/Big Sisters of Pulaski County, Inc.	501-374-6661
	Centers for Youth & Families	501-666-8686
	National Runaway Safeline	800-786-2929
	New Futures for Youth	501-374-1011
	P.A.R.K.	501-562-5223
	Shelter for Homeless & Runaway Children	501-666-7233
	Teen LifeLine	800-248-8336
	Teen Obstetric Prenatal Parenting (TOPPS)	666-6833 Ext. 3136
	Transitional Living Program & Youth Emergency Shelter	501-771-5511
	United Way First Call for Help	501-376-4567
	Watershed Human & Community Development Agency	501-378-0176
CLOTHING	St. Francis House 2701 Elm Street	501-664-5036
	Watershed II 3701 Springer Blvd.	501-378-0176
	Goodwill Industries of Arkansas 1110 West 7 th , Little Rock, AR 72201	501-372-5100
	Goodwill Industries Main Office 7400 Scott Hamilton Drive, Suite #50 Little Rock, AR 72209	501-372-5100
	Goodwill JFK Blvd. Thrift Store 109 Markham Park Drive Little Rock, AR 72211	501-221-1018
	Goodwill University Thrift Store 2904 South University Ave. Little Rock, AR 72204	501-568-5313
CONSUMER ADVOCACY	Arkansas Community Organization	501-376-7151
	Arkansas Better Business Bureau	501-664-7274
	Public Service Commission	501-682-2051
	Attorney General’s Office	501-682-2007
CONSUMER COUNSELING	Consumer Credit Counseling 8am – 5pm	501-753-0202
	Child Study Center UAMS 5:30am – 5:00pm	501-364-5150
COUNSELING SERVICES	Centers for Youth and Families	501-666-4949

Outpatient Counseling Center
5905 Forest Place, Suite 100

**CRISIS/EMERGENCY
SERVICES**

Salvation Army 501-374-9296
Women & Children First 501-376-3219
Poison Control and Information 501-686-6161
Center for Youth Emergency Shelter 501-666-7299
Arkansas State Police Child Abuse Hotline 800-482-5964

**DRUG COUNSELING/
TREATMENT**

Baptist Health Rehabilitation Institute 501-202-7000
Recover Care Unit
9601 I-630, Exit 7

Hoover Center/Black Community 501-663-9621
Developers Center
4000 West 13th Street
Little Rock, AR 72204
Residential and Outpatient Treatment Services,
Partial Day

Recovery Centers of Arkansas
Riverbend
1201 River Road
North Little Rock, AR 72114
Website: www.rcofa.org
RCA-Williamsburg
6301 Father Tribou St.,
Little Rock, AR 72205-3003
(Outpatient Treatment Services)

Carole Baxter, Executive
Director
Phone: 501-372-4611
Fax: 501-372-1801
E-Mail: cbaxter@rcofa.org
Carole Baxter, Executive
Director

Telephone: 501-372-4611
Fax: 501-372-1801
E-Mail: cbaxter@rcofa.org
Larry Gaines, Executive
Director
Billy Deluca, Administrator
Phone: 501-663-7627
Toll Free: 866-699-7627
Fax: 501-663-2859
E-Mail:
serenitypark@comcast.net

Serenity Park, Inc. & Serenity Home
2801 W. Roosevelt Road
Little Rock, AR 72204
Website: <http://www.serenitypark.org>
(Residential Treatment Services for Males &
Females)
(Gender Separate)
Partial Day
Outpatient (Male & Female)

EDUCATION

Arkansas Literacy Council 501-907-2490
Pleasant Hill AME Church, Free Tutoring 501-490-0267
Literacy Action of Central Arkansas 501-372-7327
Youth Challenge (AR National Guard) 501-212-5565
Arkansas Baptist Adult Education Center 501-372-1547
North Little Rock Location 501-353-1449

**ELDERLY
General Information**

www.seniorcorps.gov (Foster Grandparent) 501-372-5300
Central AR Area Agency on Aging
706 W. 4th Street, NLR
(*Good I & R for the elderly, covering Pulaski,
Saline, Lonoke, Faulkner, Monroe, & Prairie
Counties*)

Jacksonville Senior Wellness & Activity 501-982-7531
Center

	(SCAT) Senior Citizens Activities Today 1800 S. Broadway	501-374-0123
	Life Quest, NW Little Rock area	501-225-6073
Advocates	Care Links <i>(Assistance to the elderly living at home in the following areas of need: neglect & exploitation, Social Security, SSI, food stamps, private pensions, and veteran's benefits.)</i>	501-372-5300
	National Council on Aging	1-800-424-9046
Employment	Care Link (Employment opportunities for those 55 and older in Pulaski, Saline, Lonoke, Faulkner, Monroe & Prairie Counties)	501-372-5300
	SCORE (Sr. Corp of Retired Persons) (Matches retired executives with agencies which can benefit from their expertise)	501-324-7379
Eye Care	Eye Care of America (Free care to detect and treat blindness (elderly only). This does not cover exams for eyeglass prescriptions.) www.eyecareamericalorg	1-800-222-3937
Food/Meals	Meals on Wheels (Care Link)	501-372-5300
	SCAT (Sr. Citizens Activities Today) <i>(Activities, meals, crafts, & recreation)</i>	501-374-0123
	Food Stamps <i>(If a client receives SSI, he/she is eligible for food stamps. Any local Sr. Citizen's center can help with application)</i>	501-682-1001
Home Maintenance	Park Hill Baptist Church Small Maintenance Repair Team 201 East C Street, NLR	501-753-3413
Medicaid	Medicaid can be granted to anyone receiving SSI. It helps to pay for hospital and personal care. Proof of SSI is required when filing.	501-682-8233
	Carelink Live In/Sitter Program	501-372-5300
Respite Care	St. Luke's Respite Care 4106 JFK Blvd.	501-753-4281
	St. Vincent Home Care 6701 W. 12 th Street <i>(For someone to stay with homebound patients)</i>	501-663-7198
	Visiting Nurse Association 6071 W. 12 th Street	501-664-4933
	(In-homecare, nutrition, counseling, speech, physical, & occupational therapy, support and social work consultation)	

	Central AR Home Health Agency	501-661-2614
Senior Citizen's Center	Camp Aldersgate 2000 Aldersgate Rd.	501-225-1444
	Campus Towers Housing Project 1101 E. 7 th Street, NLR	501-374-1352
	East End Senior Center 2500 E. 6 th Street	501-374-2881
	Glenview Recreation Center 4800 E. 19 th Street	501-945-2921
	Heritage House Activity Center for Senior Citizens 2301 Division Street, NLR	501-758-9941
	Jacksonville Senior Center 100 Victory Circle	501-982-7531
	Maumelle Senior Center	501-851-4344
	Parris Towers Senior Center 1800 S. Broadway	501-374-0123
	Willow House Housing Project 2500 Willow, NLR	501-758-3670
	Saline Co. Senior Adult Center 210 Jefferson Street, Benton	501-776-0255
EMERGENCY NUMBERS	Arkansas Department of Health After Hours	501-661-2000 501-661-2136
Pulaski County	Pulaski County Health Department	501-280-3100
	Arkansas Children's Hospital -Emergency	501-364-1185
	Baptist Medical Center – Emergency	501-202-2000
	DHS Children and Family Services	501-682-2119
	Little Rock Police Department	911
	North Little Rock Police	501-771-1200
	Little Rock Fire Department	501-371-4485
	North Little Rock Fire Department	501-340-5377
	Poison Control – (UAMS)	1-800-222-1222
	FBI	501-221-9100
	EPA – National Response Center (To report toxic chemical and oil spills)	1-800-424-8802
EMPLOYMENT RESOURCES	American Indian Center of Arkansas 1100 N. University #143	501-666-9032
	Arkansas Workforce 5401 South University Little Rock, AR	501-682-2121
	Salvation Army 1111 W. Markham	501-374-9296
	Watershed II 3701 Confederate Blvd.	501-378-0176
	Our House 822 Louisiana	501-375-2416
	Florence Crittenton Home (For pregnant teenagers)	501-663-0772
	Job Corps (For those 16-21 years of age, providing training, transportation, and child care)	501-618-2500

	St. Francis House 2701 S. Elm (Occasionally they will help with rent)	501-664-5036
FAMILY PLANNING	Family Planning Clinic (Arkansas Department of Health)	501-280-3340
	Planned Parenthood	501-666-7526
	Arkansas Children's Hospital Adolescent Center	501-364-8336
FINANCIAL COUNSELING	Southwest Health Clinic	501-565-9311
	Consumer Credit Counseling Service 628 W. Broadway North Little Rock	501-753-0202
FOOD - Groceries	Camp Aldersgate 2000 Aldersgate Rd. <i>(FCFH must call Camp Aldersgate and refer the client.)</i>	501-225-1444
	Helping Hand 1601 Marshall <i>(Closes at 2:00 daily, except Thursday, when it closes at noon.)</i>	501-372-4388
	Salvation Army 1111 W. Markham <i>(As well as other branches)</i>	501-374-9296
	St. Francis House 2701 S. Elm	501-664-5036
	Watershed II 3701 Springer Blvd.	501-378-0176
	Gardner Methodist Church 18 th & Schaer, NLR	501-374-9520
	Park Hill Baptist Church 201 East C Street, NLR	501- 753-3413
	WIC (Health Department) 5800 W 10 th , Suite 810	501-661-2508
	WIC 1321 Hill Street, Jacksonville	501-982-7477
Hot Meals	Stew Pot First Presbyterian Church, 8 th & Scott St. (Monday – Friday, 12:00 – 1:00)	501-372-1804
	Friendly Chapel Soup Kitchen 116 S. Pine, NLR (Monday – Friday)	501-371-0912
	Stone Soup Quapaw Quarter Methodist Church, 6 th & Louisiana (Hot meal on Sunday, 12:00 - 4:00)	501-375-1600
FUNERAL	Casework Division of Governor's Office	501-682-2345

Cremation

FURNITURE

**No agency routinely has free furniture.
Furniture may be purchased at area thrift stores (such as Salvation Army at 3618 W. Roosevelt, or Goodwill at 1201 W. 7th). Occasionally, the following agencies may have furniture to give away:

HEALTH SERVICES

St. Francis House	501-664-5036
Adolescent Center	501-364-8336
1201 Bishop, Little Rock, AR	
Care for teens age 12-21. Sports physical, Immunizations, counseling. Appointments only.	
 Arkansas Children's Hospital	
800 Marshall, Little Rock, AR 72201	501-364-1100
 Baptist Medical Center	
Care for sick children. Immunizations for preschoolers only. No appointment necessary.	501-202-7000
Pulaski County Central Health Clinic	
College Station Clinic	
Pulaski County Central Health, Little Rock	501-490-1602
Jacksonville Health Clinic	501-280-3100
Health Department Clinic	501-982-7477
Southwest Health Clinic	501-280-3340
	501-565-9311
Planned Parenthood	501-666-7526
St. Francis House	501-664-5036
St. Vincent's Health Clinic East	501-552-4710
UAMS Medical Center	501-686-7000
Westside Free Medical Clinic	501-664-0340

Infant & Child

Pulaski County Health Departments (See numbers and locations above)	501-380-3100
 Arkansas Children's Hospital General Pediatric Clinic	501-364-1100

Child Care Referral Services

Arkansas Human Services	1-800-445-3316
 Child Care Education	
Children and Family Services/ Neglect	501-682-8772
Children and Family Service/Childcare	501-682-8590
New Futures for Little Rock Youth	501-374-1011

HEARING SERVICES

Arkansas Childrens Hospital Audiology and Speech Clinic 4815 W. Markham	501-364-4319
 Audiology and Speech Pathology 5820 Asher Ave. Suite 600 (Adult hearing rehabilitation, hearing evaluation, individual work and counseling, speech therapy, sliding scale fee, and regular fee payment)	501-569-3155
Arkansas School for the Deaf	501-324-9506
Arkansas Rehabilitation Services	501-686-2800

	Interpreter Referral Service	
	Outreach Program School for the Deaf	501-324-9523
HOMELESS SHELTERS		
Women & Children	Dorcas House 823 South Park (For women and children, average length of stay is 6 weeks; provides shelter, food, clothing, and social work assistance. 24 hour service)	501-374-4022
	Women and Children First (Shelter & support for battered women & children for up to 45 days, 24 hour service)	501-376-3219
Teens	Centers for Youth and Families 6425 W. 12 th (Crisis counseling, shelter, food & clothing for runaway and homeless youth ages 8-17 in crisis situations for up to 45 days, 24 hour service)	501-666-4949
Student	Immerse Arkansas 5300 Asher Avenue Little Rock, AR 72204 Crisis Line:	501-404-9890 x 713 501-510-SAFE
Families	Our House 302 E. Roosevelt (Food, shelter, clothing, employment, housing assistance to homeless men, women & children for 30 days, extensions may be granted, check-in: 4:30 – 5:00 pm, emergency check-in til 10:00 pm)	501-375-2416
	Salvation Army 1111 W. Markham (Food, shelter, employment, and social work counseling for men, women, and children for 5 days, check-in at 4:30)	501-374-9296
Men	Salvation Army Adult Rehabilitation Center 3618 W. Roosevelt <i>(Medium termed care of adult men with treatable handicaps such as alcoholism and homelessness.)</i>	501-374-9296
	Union Rescue Mission Transient Lodge 615 Magnolia, NLR <i>(Food, shelter, & clothing for men for 3 nights every 10 days, check-in 3:00 p.m. – 7:00 a.m.)</i>	501-376-8470
Services	Homeless Education Program, LRSD 501 Sherman Street, Little Rock, AR 72202	501-447-2988
HOSPITALS/CLINICS	AR Children’s Hospital	501-364-1100
	AR Children’s Hospital Development Center (Evaluation & therapy for developmentally delayed children)	501-364-1100
Free Clinics:	Harmony Health Clinic, 201 E. Roosevelt Rd., by	501-375-4400

Appointment only (medical and dental) Monday
 – Thursday 9am – 3 pm Walk in Accepted only
 Thursdays 5 – 9pm

HOTLINES

Suicide	1-800-273-TALK
Child Abuse 1-800-4achild	1-800-422-4453
National Runaway Switchboard	1-800-786-2929
Substance Abuse Hotline	1-855-649-6079
Cocaine	1-844-888-6908
National STD and AIDS Hotline	1-800-448-0440
Arkansas State Health Department	1-800-462-0599
Battered Women	1-802-658-1996
Child Abuse Hotline	1-800-422-4453
DHS Client Assistance	1-800-482-8988
National Highway Auto Safety	1-800-424-9393
Beech-Nut Nutrition for Babies	1-800-233-2468
Product Safety	1-800-638-2772
Alcoholics Anonymous	1-800-ALCOHOL
CDC	1-800-458-5231
American Council for the Blind	1-800-424-8666
Arkansas Trauma Foundation	1-212-772-0608
Cancer Information Service	1-800-4-CANCER
Child Find	1-800IAMLOST
Children’s Hospice	1-719-683-2792
American Diabetes	1-800-342-2383
Gambling	1-800-GAMBLER
National Adoption Center	1-800-TO-ADOPT
National Association for Hearing & Speech Action	1-800-638-8255
National Council on Alcoholism	1-800-475-HOPE
National Grief Recovery Insitute	1-800-334-7606
National Brain Injury Association	1-800-444-NHIF
National Health Information Clearinghouse	1-800-336-4797
Parents Anonymous	1-909-621-6184
Co-parenting and Abduction	1-800-A-WAY-OUT
National Rehabilitation	1-800-34-NARIC
Relapse Prevention Hotline	1-866-949-8009
Sexually Transmitted Disease	1-800-227-8922
Shriner’s Hospital	1-800-237-5055
Trauma	1-800-556-7890

*(Teens can go to any local hospital that sponsors
 Operation Safe Place)*

HOUSING

Pulaski County Housing Agency 201 S. Broadway, Suite 220 Little Rock, AR 72201	501-340-3384
Public Housing Little Rock Office North Little Rock Office ACORN	501-324-5931 501-758-8911 501-376-7151

LEGAL SERVICES

Center for AR Legal Services Little Rock	1-800-950-5817
Auditor of State	501-682-6030
American Civil Liberties Union Arkansas Bar Association Prosecuting Attorney’s Office	501-374-2660 501-375-4606 501-340-8000

MENTAL HEALTH

National Alliance for the Mentally Ill	501-661-1548 or 1-800-844-0381
Arkansas Cares	501-771-1500
United Methodist Children's Home	Shari Willding
2002 South Fillmore	Program administrator
Little Rock, AR 72204	Phone: 501-906-4247 Fax: 501-296-1714 Email:swillding@meth odistfamily.org
Arkansas State Hospital	501-686-8000
4313 West Markham, Little Rock, AR 72201	
Bridgeway	
#12 Bridgeway Road, NLR	501-771-1500
Centers for Youth and Families	
6101 W. 12 th Street	501-666-8686
(Parent Center)	
Centers for Youth and Families	
6601 W 12 th Street	501-666-4949
(Diagnostic counseling for emotionally troubled children)	501-666-4949
Dayspring Therapeutic Mental Health Center	
9914 I-30	501-565-8501
Little Rock, AR 72209	
Family Service Agency	
628 West Broadway, Little Rock, AR 72114	501-372-4242
Little Rock Community Mental Health	
4400 Sheffield	501-686-9300
L.O.V.E. "Let Our Violence End" Inc.	
(Healing Waters Outreach Center)	501-516-1602
14036 Sardis Road, Shannon Hills, AR 72103	
www.letourviolenceend.com	
Make a Wish Foundation	501-376-4650
Parental and Teen Pregnancy Hotline	800-235-0002
State Health Department	501-661-2000
Methodist Family Health	501-661-0720
1600 Aldersgate Rd. #200	
Little Rock, AR 72205	
Pinnacle Point Hospital	501-223-3322
11501 Financial Parkway, LR, AR	
Professional Counseling Associates	501-221-1843
3601 Richards Road, North Little Rock, AR. 72117	
Rivendell Behavioral Health Services	501-316-1255
6724 interstate 30	
Planned parenthood	501-666-3243
Pulaski County Health Department	501-280-310
Little Rock Family Planning Service	501-225-3836
Catholic Diocese of Little Rock-Adoption	501-664-0340
2415 N. Tyler Street	
UAMS Walker Family Clinic	
(Appointments)	501-526-8200
4301 West Markham, Little Rock, AR, 72205	

PARENTING CLASSES	Center for Youth & Families Parent Center	501-666-6833
PREGNANCY/ HEALTH EDUCATION	Department of Human Services Adoption Service	501-682-1001
	Florence Crittendon	800-522-6630
	AR Department of Health	
	Promise House	501-376-4791
	(Residential Care for Pregnant teens)	
	Pulaski County Health Department (STD)	501-280-3125
	3915 W. 8 th Street, Little Rock, AR	
	Pulaski County Youth Services	501-340-8250
	Learning Disabilities Association of Arkansas	501-666-8777
Teenage Parenting	Teen Parent Program	501-666-6833
	Overeaters Anonymous	479-474-9606
PREVENTION/ EDUCATION	St. Francis House, 24 hours Assistance	501-664-5036
	American Red Cross	501-748-1000 Or 800-REDCROSS
	Arkansas Advocates for Children and Family	501-371-9678
	CPC Pinnacle Pointe Hospital	501-223-3322
SUPPORT GROUPS	Teen Hotline	1-800-852-8336
	Women and Children First	1-800-332-4443
	CPC Pinnacle Pointe Hospital	501-223-3322
	Dorcas House	501-374-4022
UTILITY ASSISTANCE	CADC (Central Arkansas Development Council)	501-603-0909
VIOLENT BEHAVIOR	Family Service Agency - Anger Management Program and Domestic Violence	501-372-4242
YOUTH HOME	Behavioral Health Service of Arkansas	501-954-7470
	Outpatient Phone	501-954-7470