



Extended Alternative Method of Instruction Packet

2019-2020

Dear Pre-K Parents,

We, at the LRSD Early Childhood Department, are dedicated to ensuring the continuous academic, social and emotional growth and development of your child. Therefore, we have developed an Extended AMI Packet with activities for the current April theme, ***Nature all Around Us***. The activities are aligned with what children see in nature as it relates to weather and things that grow. In your Extended AMI Packet, you will find Week 1 and Week 2. You will also have a suggested list of books you may read to your child or view on Youtube. We recommend you find time every day to read with your child. It's always good to ask children questions before, during or after a read-aloud to extend their learning.

We are suggesting the following outline for your daily interactions:

- Set a daily schedule and design it to fit the needs of your household.
- Make sure your schedule is routine. Children prefer routine. It makes them feel safe and helps them plan and prepare for what happens next.
- Extended AMI Activity Time (see AMI Weekly Activities)
- Daily reading 15-20 minutes (read to your child or check suggested Youtube list for read-alouds)
- Free Play time (building blocks, draw/paint pictures, play dress up, etc.) **2.5 hours**
- Tech Time w/Waterford Early Learning (Monday, Wednesday, Friday) **15 minutes**
- Outdoor play (weather permitting or try yoga, Go Noodle (Youtube) **1 hour**
- Rest Time **1-1.5 hours**
- Free Choice-Ask your child what they would like to do for fun.

Suggested Whole Family Activity-Reflection: Creating an oral history or written daily account. Keep in a family journal.

- Start with writing your child's name or have them write their name and age
- Write where they live.
- Ask your child and dictate using their words of why they are not in school right now?
- How do they feel about missing school and what they miss most about school?
- What activities are they doing at home or learning with you? This may lead to you asking more questions about their thoughts and feelings. It will open the door for great discussions.

Our teachers are committed to being available to address any questions you may have about the lessons. They may also give additional ideas for activities and resources, if needed. In addition, your child's teacher will contact you with instructions for a regular method of contact, available times for



group or individual contact. Many of them are coming up with really creative ways to interact with your child. We all are in this together and we will support our LRSD Families throughout.

If you have any questions, please feel free to contact the Early Childhood Office at 501-447-7362.

Esther Jones, Director of LRSD Early Childhood Programs