



Little Rock School District Pre-K (AMI) Alternative Method of Instruction Activities

Theme 8: Moving Up/Week 2: Trying New Things (May 11 – May 15)

- **Read a Book:** Read a book to your child daily. *See a list of books and links on page 2*
- **Letter Yy:** Have your child find and circle or cut out the letter of the week in magazines, cereal boxes, sales ads, or junk mail. If your child cuts the pictures out, they may then glue them to a piece of paper. If you do not have access to magazines, newspapers, etc. have your child draw pictures of things that begin with the letter Yy and these may be glued onto a piece of paper.
- **You Are It!** Ask your child to think of one color that starts with /y/. *My favorite color is (yellow).* Ask your child to repeat yellow and identify the sound that Yy makes. Then have your child go on a scavenger hunt around the house/outdoors to find examples of the color yellow.
- **Drum Patterns:** Help your child make their own drums by covering coffee cans or oatmeal containers with paper and decorate the drum. Reinforce ABB and AABB patterns by having your child tap out patterns on their drum. Model these patterns (for example, a soft tap and two loud taps for ABB) and ask children to copy and extend them. Have your child create and extend new ABB and AABB patterns using their drums.
- **Outdoor Patterns:** Have your child collect sticks, flowers, leaves, pebbles, etc. and make ABB and AABB patterns with the items (example, ABB: stick, flower, flower and AABB: flower, flower, pebble, pebble).
- **Yes, I Can:** Explain to your child that as they grow bigger, they will be trying new things and facing new challenges. Together, brainstorm three tasks that your child might try and list them. *Suggest such tasks as making their bed, setting the table, eating a new food, or putting away their toys.* Show them how you make the bed! Then, have them draw a picture of themselves doing the task and, as they are able, copy the words "I made my ____!" at the bottom.
- **When I am Bigger:** Discuss with your child some things they would like to try to do when they are bigger, such as ride a bicycle, play on a sports team, or play a musical instrument. Talk about why they cannot do these things now (they need more practice, they are not big enough yet). Have your child draw pictures of themselves engaged in the activity. Ask your child to dictate a title for his/her picture beginning with "When I am bigger, I ____."
- **Try Something New:** Encourage your child to try a new food. If they are unwilling to taste a new food, ask them to just smell the food and describe its smell. If they try a new food ask them, *What is it called? What did it look like? How did it taste?*
- **Create Something New (optional):** Allow your child to experiment with new kinds of art materials. Provide the following: foam packing peanuts, cardboard, aluminum foil, plastic grass, and paint, etc. Before your child begins, encourage them to discuss what they will make. Provide ideas and suggestions as needed.
- **Physical Challenge:** Demonstrate to your child a physical challenge, such as balancing on one foot, touching your toes, or touching your nose to your knees, as you say "Try this!" You may also use [Youtube.com/GoNoodle](https://www.youtube.com/GoNoodle) for more movement.
- **Dance Like a Giraffe:** Before reading or viewing the book, *Giraffes Can't Dance*, read the title and ask your child if they think giraffes really can dance. Invite your child to spend a few minutes dancing like giraffes. Then, ask them to predict what will happen in the story and to share whether they think the story is real or make-believe.



Little Rock School District Pre-K (AMI) Alternative Method of Instruction Activities

Theme 8: Moving On/Week 2: Trying New Things (May 11 – May 15)

Page 2

- **Animal Boogie** Turn on some music and host an animal dance party for the family. Ask your family to dance like their favorite animal. Have the animals form a circle. One by one, invite each animal to come into the circle and show off a move. Challenge the other animals to copy the move. Ask questions to encourage creative movement. *How would a snake dance with its tail? How would an elephant dance with its four big feet?*
- **Challenge TV:** Cut a large square from a large cardboard box (optional) to create a pretend television. Encourage your child to jump inside the box to act out TV shows about overcoming challenges. *Oh, I want to watch a show all about someone learning to play an instrument.* Ask your child to hop in and act out the show. Then change the channel and introduce a new topic, *Now I want to watch a show about someone learning to swim.*
- **Little Bat:** Before reading/viewing *Little Bat* show your child the cover and ask them if they can name the animals on it. Explain that they are bats. Bats are not birds, but they can fly like birds. *What do you know about bats? Ask children what they think the bat in the story will try to do. Google about bats for more information.*
- **How Many Sounds Do You Hear?** Show your child a picture of the bat from the book. Say /b/, /a/, /t/, bat. Ask your child to echo you. *How many sounds do you hear in the word bat (3)?* Model for your child how to blend the sounds to make the word bat. Then point to a leaf in the book. Say /l/, long e, /f/. *How many sounds are in leaf (3)?* Another day, guide your child in blending the sounds for mom and nose. *Say the phonemes: /f/ /a/ /n/.* Ask your child how many sounds they hear. Confirm with your child, that there are three sounds in the word. Then tell your child you will blend the sounds to make a word: /f/-/a/-/n/. Then say the word fan. *Listen as I say these sounds: /p/ /i/ /g/. There are three sounds.* Model blending the three sounds, and ask your child to name the word.
- **Flap Your Wings:** Ask your child to pretend to be a bat. Model by flapping your arms like you are flying. Explain that you will count together as your child flaps his/her wings to fly. Ask your child to flap their wings and count from 1 to 10.
- **Guess the Hero:** Play a game. Brainstorm a list of community workers who could be called heroes. Be sure to include doctors, nurses, police officers, ambulance drivers, and people who rescue animals. Discuss characteristics of people who do this type of work. (They don't give up; they are brave; they keep trying.) Invite your child to act out doing the job of one of the heroes on the list. Challenge family members to guess the hero.
- **Write About Heroes:** Provide paper and a variety of drawing materials. Ask your child to draw a community hero doing something brave. Help your child label their picture with a sentence such as "A firefighter is brave."

Suggested Books:

- *Giraffes Can't Dance*, <https://www.youtube.com/watch?v=0Bp2wiMu9xU>
- *Little Bat*, <https://www.youtube.com/watch?v=BKPxn0otKII>
- *Dot The Fire Dog*, <https://www.youtube.com/watch?v=pnga471akl8>
- *Chicka Chicka Boom Boom*, <https://www.youtube.com/watch?v=VdrTXRD090U>