



Little Rock School District

School and Community Resource Directory

The Little Rock School District presents to you this School, Community, and Social Service Resource Directory. In this directory you will find organizations and service providers for Little Rock School District, Pulaski County, and more. This information has been compiled to provide principals, assistant principals, counselors, social workers, nurses, teachers and other school personnel with a pool of readily accessible information referencing resources available in the district and the greater Little Rock area, as well as other parts of the state, that serve our children, youth and their families.

This document is not intended to be a complete listing of every community resource, but will provide a list of well-established services and resources available within the greater Little Rock area, and our school district.

Counseling Department/Student Services Department
Little Rock School District

TABLE OF CONTENTS

I. LITTLE ROCK SCHOOL DISTRICT

LRSD Mental Health Providers and Program Descriptions

DISTRICT WIDE.....	6-8
OTHER MENTAL HEALTH SERVICES.....	9

II. PULASKI COUNTY RESOURCES AND SERVICES 10

ABUSE.....	11
ADULT DAY CARE.....	11
AIDS.....	11
ALCOHOL & OTHER DRUG ABUSE.....	11
ALZHEIMER'S DISEASE.....	12
BIRTH AND DEATH CERTIFICATES.....	12
BLINDNESS.....	12
BUS TICKETS.....	13
CANCER.....	13
CHILD DAY CARE.....	13
CHILDREN AND YOUTH SERVICE (General information).....	13
CHILDREN AND YOUTH SERVICE (Support Groups).....	14
CLOTHING.....	14
CONSUMER ADVOCACY.....	14
CONSUMER COUNSELING.....	14
COUNSELING SERVICES.....	14
CRISIS/EMERGENCY SERVICES.....	15
DRUG COUNSELING/TREATMENT.....	15
EDUCATION.....	15
ELDERLY GENERAL INFORMATION.....	15
EMERGENCY NUMBERS PULASKI COUNTY.....	17
EMPLOYMENT RESOURCES.....	17
FAMILY PLANNING.....	18
FINANCIAL COUNSELING.....	18
FOOD.....	18
FUNERAL.....	19
FURNITURE.....	19

HEALTH SERVICES	19
HEARING SERVICES	20
HOMELESS SHELTERS	20
HOSPITALS/CLINICS	21
HOTLINES.....	21
HOUSING	22
LEGAL SERVICES	22
MENTAL HEALTH.....	22
PARENTING CLASSES.....	23
PREGNANCY/HEALTH EDUCATION.....	23
PREVENTION/EDUCATION.....	23
SUPPORT GROUPS.....	23
UTILITY ASSISTANCE.....	23
VIOLENT BEHAVIOR.....	23
YOUTH HOME.....	23

- If you need information on free/low cost dental, medical, vision services, and etc. please refer to the Statewide Community Resources Guide link below...

[Statewide Community Resources Guide - Pulaski Co.xlsx](#)

Little Rock School District

Please see agencies listed below that provide mental health services for schools in the Little Rock School District, for more information please contact Lisa Williams @ 501-447-7384 or lisa.williams@lrsd.org

BRIDGES OUTPATIENT 501-771-1500

Outpatient treatment may be an option when a person has psychiatric problems such as depression, anxiety, chemical dependency or other issues. While outpatient treatment may be less disruptive to a daily life, our seasoned mental health professionals provide high quality care.

Overseen by an expert psychiatrist and serving children, adolescents and adults, the outpatient program known as Bridges provides a multi-discipline approach and may include:

- A small, safe and structured treatment environment
- Psychiatric Evaluation
- Medication Management and Evaluation
- Family Therapy
- Substance/Dependence/Abuse Treatment

CENTERS FOR YOUTH AND FAMILIES 501-666-8686

Offers Mental Health Evaluation/Diagnosis, individual Psychotherapy and family Psychotherapy. Centers' providers will participate in staffing and meetings regarding their clients whenever invited or requested as often as scheduling permits. These meetings include but are not limited to parent-teacher conferences, referral conferences, IEP meetings, annual reviews, and discipline conferences or hearings when appropriate. Participation will occur with parent or guardian's permission as evidenced by the signed release of information. In addition, communication including Centers providers must be relevant to the client's behavior, mental health diagnosis and/or treatment, or utilized in the development of plans, strategies, and techniques for working effectively to improve functioning and ameliorate symptoms.

DAYSRING 501-565-8501

Dayspring services include individual psychotherapy, family psychotherapy, and group psychotherapy for children, adolescents and/or adult clients, medication management, school-based services and nursing home services. These services address numerous client needs such as psychiatric illness, emotional and behavioral problems, family and interpersonal relationships, life span issues, situational stressors and trauma resolution. The specialty programs such as the school-based services provided during or after school focus on the behavioral and mental health needs of school-aged clients, while working closely with the client's family and school personnel.

FAMILIES, INC. 501-982-5000

Families, Inc. offers a variety of therapeutic services for all ages on an individual, couple, family and group basis. Through counseling, individuals receive emotional support from a licensed professional, who helps the client work to resolve conflicts with others, understand feelings such as anxiety and depression, and try out new solutions to old problems. The length of treatment, of course, depends on the complexity and severity of problems.

LIFE STRATEGIES COUNSELING, INC. 501-663-2199

LSCI offers a range of services and options will be discussed following an assessment of the need for mental health services. Services include: Individual mental health counseling, Group therapy, Family therapy, psychiatric evaluation and medication management, Psychological testing, Substance abuse counseling and groups, Support groups, School linked therapy services, mental health paraprofessional intervention, Crisis intervention/Stabilization and Referrals to supportive services and community resources.

LIVING HOPE 501-663-5473

Living Hope offers intensive behavioral health treatment for seriously emotionally disturbed children and adolescents in public school settings across Central Arkansas. Through collaboration and coordination with local school districts, students have access to an array of professional and para-professional services without leaving their school campus. School administrators work with Living Hope Southeast to provide a safe and confidential setting for clients to receive intensive services from our psychiatrists, therapists, and case managers. Through this school partnership, Living Hope is able to ensure the safety and success of its clients with minimal disruption to their normal educational activities.

METHODIST FAMILY HEALTH 501-661-0720

Methodist Family Health offers outpatient treatment services in communities all across the state. Venues of care include community counseling clinics, school-based counseling services, day treatment programs and specialized services such as Kaleidoscope Grief Center.

NEW BEGINNINGS BEHAVIORAL HEALTH SERVICES 501-663-1837

New Beginnings uses treatment plan goals and objectives to determine discharging of consumers. Consumers have an ongoing participation of their treatment plan goals and objectives. Family participation is strongly encouraged and it is New Beginnings belief that services should be holistic in approach. The organization helps facilitate family participation by helping with transportation and in scheduling decisions.

P.A.T CENTER 870-534-4900

The P.A.T. (people advocating transition) Center offers an array of outpatient services which include: In Home Counseling, Community Rehabilitation, Individual Outpatient Therapy, Anger Management, Family Therapy, Group Therapy, School Based Services, Substance Abuse Group, Sexual Abuse Group and more. Referrals are accepted from parents, DHS, schools, courts, and other child care agencies.

PATHFINDER, INC. 501-982-0528

Pathfinder, Inc. is a School-Based Behavioral Health Services that believes in a cooperative effort with the public schools to improve service to children/youth with serious emotional and/or behavioral disorders. The target population focuses on adolescents at risk of possible hospitalization, or removal from the traditional classroom setting, and possible long term residential treatment.

THE POINTE 501-603-2147

Pinnacle Pointe Behavioral HealthCare has provided mental health services to families in Arkansas and surrounding states since 1991. They specialize in programs for children ages 5-17 with individualized treatment for each child. Their mission is to provide a safe, secure and nurturing environment and believe that early intervention is key to a child's success. Some of their services include inpatient services - acute and residential, outpatient services, community-based services, day treatment school, and professional and community education.

PROFESSIONAL COUNSELING ASSOCIATES 501-221-1843**Child and Adolescent Service System Program**

PCA is the "lead agency" for CASSP (Child and Adolescent Service System Program) in Lonoke, Prairie, and North Pulaski Counties. For children with severe emotional disturbances, or children with emotional problems whose needs require services from several different agencies or State departments, PCA arranges a multi-agency staffing to coordinate services. The following services are available to children, adolescents and their families:

- School-Based Services public schools and Head Start classrooms.
- Children's Case Management is available at all our clinics. Parents Brochure
- Wrap Around services to meet needs that insurance does not cover, including rewards for improved behavior.

- In Lonoke County our PROMOTE program serves youth who are at-risk or involved with the Division of Youth Services. [PROMOTE Brochure](#)

UAMS/PRI STRIVE 501-771-8261

Counseling services are conducted by trained clinicians (most are Master's level) and supervised by licensed clinicians (LMHC). Services are available in-home individual and family therapy, in-school assessment, individual and /or group therapy and consultation. Individual therapy is available as needed to enhance treatment of the client. Services also include behavioral system reconstruction.

UNITED FAMILY SERVICES 501-244-0062

This service provides individual, group, and family therapy to juveniles and their families referred by the court system, as well as aftercare clients, as designated. All services are delivered by qualified, licensed mental health professionals. The purpose of the program is to provide individuals and families an outlet for addressing issues that affect their level of functioning in the community. Consultation with the referral source is also provided, as needed.

THERAPEUTIC FAMILY SERVICES 501-332-4400

Participants are assessed by clinically trained staff to ascertain a mental health diagnosis. THS mental health clinicians partner with participants to develop a treatment plan that addresses the participant's individual needs. THS mental health clinicians determine if the participant needs a referral to other services THS has to offer, such as individual, group and family Counseling. THS mental health clinicians address the appropriate modality of counseling the participant needs. Services like counseling and case management are provided through outreach to and engagement with the participant's school.

YOUTH HOME 501-821-5500

Youth Home provide mental health services to Little Rock School District eligible students during regular school hours Monday through Friday. This includes any direct school-based mental health service provided in a school setting. Individual therapy, family therapy, case management, group therapy, crisis intervention, collateral contacts, clinical consultation, medication management, case coordination, interagency staffing and teacher/school staff education.

OTHER MENTAL HEALTH RESOURCES

RIVENDELL 1-800-264-5640

Rivendell is a behavioral health organization that provides a full continuum of mental health services for adults, adolescents and children, including inpatient hospitalization, long-term inpatient treatment, partial hospitalization, and outpatient services provided in a traditional office setting, school or home. Rivendell also provides educational day treatment for students experiencing difficulty in public schools, but in close coordination with the home school.

SAFE PLACES 501-374-7233

Safe Places is a non-profit organization working to help children and families throughout Arkansas. Ninety-nine percent of services are free of charge to victims of sexual assault, family violence, child abuse, human trafficking and other forms of violence. Services include individual and group support, advocacy, counseling, education/training, referral services and specialized therapies.

UAMS MEDICAL CRISIS AND LOSS CLINIC 501-526-8100

The experience of a life-threatening illness or death of a family member can be emotionally disruptive to a child's development, as well as to the child's entire family. Frequently, children experiencing problems in adjusting to loss or serious illness may demonstrate difficulties including increased sadness and anxiety, withdrawal from friends, decreased school achievement or medical nonadherence. The Medical Crisis and Loss Clinic was developed to assist children and families in coping with loss and change. It is a short-term intervention focused on improving long-term adjustment.

The clinic is intended for parents, whose child has died, or children and adolescents who:

- Have experienced the death of a family member or close friend from an illness,
- Have experienced a loss of function from physical trauma, or
- Have difficulty coping with the diagnosis of a chronic or life-threatening illness.

Pulaski County

ABUSE

Adult Protective Services 1-800-482-8049
 Child Protective Services (Hotline) 1-800-482-5964
 Arkansas Attorney General's Office Hotline 1-800-482-8982

Women and Children First (battered women)
 (Emergency crisis line) 501-376-3219 or
 1-800-332-4443
 Provide shelter and a 24-hour crisis hotline for
 survivors of family violence, they also help
 women and their children find long term
 housing.

ADULT DAYCARE

St. Luke's Respite Care Center (Thursdays) 501-753-4281
 4106 JFK Blvd., NLR
 Central AR Area Agency on Aging Carelink 501-372-5300
 706 W. 4th St., NLR
 SCAT (Senior Citizens Activities Today) 501-374-0123
 Heart of Arkansas United Way 501-376-4567

AIDS

HIV Services Program Coordinator 501-661-2503
 4815 W. Markham, Little Rock
 CDC 1-800-458-5231
 AIDS Clinical Trials Info Service (1-4pm) 1-800-TRIALS-A
 AIDS Treatment Drug Info. 1-800-822-7422
 Deaf Access AIDS Hotline 1-800-243-7889
 Spanish AIDS Hotline 1-800-344-SIDA
 National HIV & AIDS Hotline 1-800-232-4636
 Arkansas Aids Foundation 501-374-2898

AIDS Testing

Planned Parenthood 501-666-7526
 Pulaski County Central Health Unit 501-280-3125

**ALCOHOL & OTHER
DRUG ABUSE**

Quapaw Ark Detox 501-686-9393
 Integrated Health Care 501-227-7305
 #5 Shackelford Plaza, Little Rock
 Little Rock Compassion Center 501-296-9114
 3618 Roosevelt Road (for men only)
 Women, Children & Men

**Detox Centers
In-Patient**

GYST House, 24 hours 501-568-1682
 8101 Frenchmons Lane
 Recovery Centers of Arkansas 501-372-4611
 1201 River Road, North Little Rock
 Ouachita County Hospital 870-836-1289
 638 California Ave., Camden

Out-Patient

Alcoholics Anonymous (24 hours) 501-664-7303
 Big Brothers Big Sisters of Central Arkansas
 • Ms. Renee Burks, Project Director 501-374-6661
 312 W. Pershing 501- 375-0906 - Fax
 North Little Rock, AR 72114 FAX:
 PSP EMAIL: rburks@bbbsca.org

Out-Patient (cont.)

Family Service Agency 501-753-0202
 629 W. Broadway (Drug & alcohol abuse
 program)
 Greater Second Care Center, Inc. 501-569-9988

- Mr. Fred Harvey, Project Director 501- 570-0000 - Fax
After School Care
5615 Geyer Springs Rd.
Little Rock, AR 72209
PSP EMAIL: fharvey@greatersecond.org
CLFC@greatersecond.org

Kiwanis Activities, Inc. (DBA) Pfeifer Kiwanis Camp

- Mr. Sanford Tollette, Project Director 501-821-3714
- Ms. Binky Martin-Tollette, Assistant Director 501-821-3714

5512 Ferndale Cutoff
Little Rock, AR 72223
FAX: 501-8212629

PSP EMAIL: sanford@pfeifercamp.com

Website: <http://www.pfeifercamp.com/>

binky@pfeifercamp.com

jpkcamp@pfeifercamp.com

Information

Professional Counseling Associates 501-955-7600

UAMS Substance Abuse Treatment Clinic 501-526-8400

4301 W. Markham, Little Rock

Serenity Park – Male and Female Facility 501-663-7627

2801 W. Roosevelt, Little Rock

The Bridgeway 501-771-1500

21 Bridgeway Road, North Little Rock

CPC Pinnacle Pointe Hospital 501-223-3322

11501 Financial Center Parkway, Little Rock

Prevention Resource Center, Family Service Agency 501-372-4242

ALZHEIMER'S DISEASE

Reynold's Institute 501-686-6219

UAMS, 2nd Floor

Evaluation by doctors and formulation of a treatment plan including the patient and the family.

BIRTH AND DEATH CERTIFICATES

Arkansas Department of Health 501-661-2336

4815 W. Markham

(To get copies of certificates for persons who were born or who died in Pulaski County)

BLINDNESS

World Services for the Blind 501-664-7100

(Also known as AR Enterprises for the Blind mobility training, preparation for independent living)

World Services for the blind (Also known as 501-661-2336

AR Enterprises for the Blind mobility training, preparation for independent living)

State Library for the Blind and Physically Handicapped 501-682-1155

Handicapped

(Free large print books for loan, cassettes, records, Braille materials and equipment. Request must be filled out by a healthcare provider.)

BUS TICKETS	CAT (Central Arkansas Transit)	501-375-1163
	Salvation Army	501-374-9296
CANCER	American Cancer Society (Promotes early detection and treatment of cancer, provides services to patients and their families)	501-666-5409
	CARTI (Central AR Radiation Therapy Institute)	501-664-8573
CHILD DAYCARE	Division of Child Care & Early Childhood Education (Provides free information to parents to help them locate childcare services in the state 8:30 am – 4:30 p.m., Monday-Friday)	1-800-445-3316
	St. Augustine Center for Children 1410 E. 2 nd Street, NLR (Serves 3-5 years, sliding scale fee)	501-378-0940
	Hunter Child Care Center 3301 Romine Road (Serves 6 weeks – 12 years, sliding scale fee, before and after school care)	501-225-7683
CHILDREN AND YOUTH SERVICES	AR Advocates for Children and Families	501-371-9678
	Big Brothers/Big Sisters	501-374-6661
General Information And referral	Quapaw Boy Scouts of America	501 664-4780
	Boys and Girls Club of Central Arkansas	501-666-8816
	NLR Boys Club	501-945-3162
	Girl Scouts	501-758-1020
	Arkansas for Drug-Free Youth	501-375-1338
	Arkansas Advocates for Children and Families	501-371-9678
	Arkansas Association for Hearing-Impaired Children	TDD 221-1330
	Arkansas Early Childhood Association	501-221-2635
	Arkansas Easter Seal Society	501-227-3600
	Arthritis Foundation Hot Line	(800) 482-8858
	Center for Youth & Families	501-666-8686
	Child Care Referral	507- 287-2020
	Child find Hot Line	800-426-5678
	Child Help USA	800-422-4453
	Child Protective Services	501-682-1001
	Kidsource	501-225-0997
	Learning Disabilities Assoc. of Arkansas	501-666-8777
March of Dimes Birth Defect Foundation	501-663-3100	
National Center for Missing & Exploited Children	800-843-5678	
National HOPEline Network	800-442-4673	
New Futures for Little Rock Youth	501-374-1011	

	Parent Center	501-666-6833
	Health Information Hot Line	800-235-0002
	Pulaski County Youth Services	501-340-6688
	Youth Home, Inc.	501-821-5500
	Arkansas YouthLeadership Initiative	501-375-1338
CHILDREN AND YOUTH SERVICES (Support Groups)	Arkansas Children’s hospital Adolescent & Young Adult Clinic	501-364-1100
	Big Brothers/Big Sisters of Pulaski County, Inc.	501-374-6661
	Centers for Youth & Families	501-666-8686
	National Runaway Safeline	800-786-2929
	New Futures for Youth	501-374-1011
	P.A.R.K.	501-562-5223
	Shelter for Homeless & Runaway Children	501-666-7233
	Teen LifeLine	800-248-8336
	Teen Obstetric Prenatal Parenting (TOPPS)	666-6833 Ext. 3136
	Transitional Living Program & Youth Emergency Shelter	501-771-5511
	United Way First Call for Help	501-376-4567
	Watershed Human & Community Development Agency	501-378-0176
CLOTHING	St. Francis House 2701 Elm Street	501-664-5036
	Watershed II 3701 Springer Blvd.	501-37 8-0176
	Goodwill Industries of Arkansas 1110 West 7 th , Little Rock, AR 72201	501-372-5100
	Goodwill Industries Main Office 7400 Scott Hamilton Drive, Suite #50 Little Rock, AR 72209	501-372-5100
	Goodwill JFK Blvd. Thrift Store 109 Markham Park Drive Little Rock, AR 72211	501-221-1018
	Goodwill University Thrift Store 2904 South University Ave. Little Rock, AR 72204	501-568-5313
CONSUMER ADVOCACY	Arkansas Community Organization	501-376-7151
	Arkansas Better Business Bureau	501-664-7274
	Public Service Commission	501-682-2051
	Attorney General’s Office	501-682-2007
CONSUMER COUNSELING	Consumer Credit Counseling 8am – 5pm	501-753-0202
COUNSELING SERVICES	Child Study Center UAMS 5:30am – 5:00pm	501-364-5150

	Centers for Youth and Families Outpatient Counseling Center 5905 Forest Place, Suite 100	501-666-4949
CRISIS/EMERGENCY SERVICES	Salvation Army Women & Children First Poison Control and Information Center for Youth Emergency Shelter Arkansas State Police Child Abuse Hotline Baptist Health Rehabilitation Institute Recover Care Unit 9601 I-630, Exit 7	501-374-9296 501-376-3219 501-686-6161 501-666-7299 800-482-5964 501-202-7000
DRUG COUNSELING/TREATMENT	Hoover Center/Black Community Developers Center 4000 West 13th Street Little Rock, AR 72204 Residential and Outpatient Treatment Services, Partial Day Recovery Centers of Arkansas Riverbend 1201 River Road North Little Rock, AR 72114 Website: www.rcofa.org RCA-Williamsburg 6301 Father Tribou St., Little Rock, AR 72205-3003 (Outpatient Treatment Services)	501-663-9621 Carole Baxter, Executive Director Phone: 501-372-4611 Fax: 501-372-1801 E-Mail: cbaxter@rcofa.org Carole Baxter, Executive Director Telephone: 501-372-4611 Fax: 501-372-1801 E-Mail: cbaxter@rcofa.org Larry Gaines, Executive Director Billy Deluca, Administrator Phone: 501-663-7627 Toll Free: 866-699-7627 Fax: 501-663-2859 E-Mail: serenitypark@comcast.net
	Serenity Park, Inc. & Serenity Home 2801 W. Roosevelt Road Little Rock, AR 72204 Website: http://www.serenitypark.org (Residential Treatment Services for Males & Females) (Gender Separate) Partial Day Outpatient (Male & Female)	
EDUCATION	Arkansas Literacy Council Pleasant Hill AME Church, Free Tutoring Literacy Action of Central Arkansas Youth Challenge (AR National Guard) Arkansas Baptist Adult Education Center North Little Rock Location	501-907-2490 501-490-0267 501-372-7327 501-212-5565 501-372-1547 501-353-1449
ELDERLY General Information	www.seniorcorps.gov (Foster Grandparent) Central AR Area Agency on Aging 706 W. 4 th Street, NLR <i>(Good I & R for the elderly, covering Pulaski, Saline, Lonoke, Faulkner, Monroe, & Prairie Counties)</i>	501-372-5300
	Jacksonville Senior Wellness & Activity Center	501-982-7531
	(SCAT) Senior Citizens Activities Today	501-374-0123

	Life Quest, NW Little Rock area	501-225-6073
Advocates	Care Links <i>(Assistance to the elderly living at home in the following areas of need: neglect & exploitation, Social Security, SSI, food stamps, private pensions, and veteran's benefits.)</i>	501-372-5300
	National Council on Aging	1-800-424-9046
Employment	Care Link <i>(Employment opportunities for those 55 and older in Pulaski, Saline, Lonoke, Faulkner, Monroe & Prairie Counties)</i>	501-372-5300
	SCORE (Sr. Corp of Retired Persons) <i>(Matches retired executives with agencies which can benefit from their expertise)</i>	501-324-7379
Eye Care	Eye Care of America <i>(Free care to detect and treat blindness (elderly only). This does not cover exams for eyeglass prescriptions.)</i> www.eyecareamericalorg	1-800-222-3937
Food/Meals	Meals on Wheels (Care Link)	501-372-5300
	SCAT (Sr. Citizens Activities Today) <i>(Activities, meals, crafts, & recreation)</i>	501-374-0123
	Food Stamps <i>(If a client receives SSI, he/she is eligible for food stamps. Any local Sr. Citizen's center can help with application)</i>	501-682-1001
Home Maintenance	Park Hill Baptist Church Small Maintenance Repair Team 201 East C Street, NLR	501-753-3413
Medicaid	Medicaid can be granted to anyone receiving SSI. It helps to pay for hospital and personal care. Proof of SSI is required when filing.	501-682-8233
	Carelink Live In/Sitter Program	501-372-5300
Respite Care	St. Luke's Respite Care 4106 JFK Blvd.	501-753-4281
	St. Vincent Home Care 6701 W. 12 th Street <i>(For someone to stay with homebound patients)</i>	501-663-7198
	Visiting Nurse Association 6071 W. 12 th Street	501-664-4933
	<i>(In-homecare, nutrition, counseling, speech, physical, & occupational therapy, support and social work consultation)</i>	
	Central AR Home Health Agency	501-661-2614

Senior Citizen's Center	Camp Aldersgate	501-225-1444
	2000 Aldersgate Rd.	
	Campus Towers Housing Project	501-374-1352
	1101 E. 7 th Street, NLR	
	East End Senior Center	501-374-2881
	2500 E. 6 th Street	
	Glenview Recreation Center	501-945-2921
	4800 E. 19 th Street	
	Heritage House Activity Center for Senior Citizens	501-758-9941
	2301 Division Street, NLR	
	Jacksonville Senior Center	501-982-7531
	100 Victory Circle	
	Maumelle Senior Center	501-851-4344
	Parris Towers Senior Center	501-374-0123
1800 S. Broadway		
Willow House Housing Project	501-758-3670	
2500 Willow, NLR		
Saline Co. Senior Adult Center	501-776-0255	
210 Jefferson Street, Benton		
EMERGENCY NUMBERS	Arkansas Department of Health	501-661-2000
	After Hours	501-661-2136
Pulaski County	Pulaski County Health Department	501-280-3100
	Arkansas Children's Hospital -Emergency	501-364-1185
	Baptist Medical Center – Emergency	501-202-2000
	DHS Children and Family Services	501-682-2119
	Little Rock Police Department	911
	North Little Rock Police	501-771-1200
	Little Rock Fire Department	501-371-4485
	North Little Rock Fire Department	501-340-5377
	Poison Control – (UAMS)	1-800-222-1222
	FBI	501-221-9100
	EPA – National Response Center	1-800-424-8802
	(To report toxic chemical and oil spills)	
EMPLOYMENT RESOURCES	American Indian Center of Arkansas	501-666-9032
	1100 N. University #143	
	Arkansas Workforce	501-682-2121
	5401 South University	
	Little Rock, AR	
	Salvation Army	501-374-9296
	1111 W. Markham	
	Watershed II	501-378-0176
	3701 Confederate Blvd.	
	Our House	501-375-2416
	822 Louisiana	
	Florence Crittenton Home	501-663-0772
	(For pregnant teenagers)	
	Job Corps	501-618-2500
	(For those 16-21 years of age, providing training, transportation, and child care)	

	St. Francis House 2701 S. Elm (Occasionally they will help with rent)	501-664-5036
FAMILY PLANNING	Family Planning Clinic (Arkansas Department of Health)	501-280-3340
	Planned Parenthood	501-666-7526
	Arkansas Children's Hospital Adolescent Center	501-364-8336
FINANCIAL COUNSELING	Southwest Health Clinic	501-565-9311
	Consumer Credit Counseling Service 628 W. Broadway North Little Rock	501-753-0202
FOOD - Groceries	Camp Aldersgate 2000 Aldersgate Rd. (FCFH must call Camp Aldersgate and refer the client.)	501-225-1444
	Helping Hand 1601 Marshall (Closes at 2:00 daily, except Thursday, when it closes at noon.)	501-372-4388
	Salvation Army 1111 W. Markham (As well as other branches)	501-374-9296
	St. Francis House 2701 S. Elm	501-664-5036
	Watershed II 3701 Springer Blvd.	501-378-0176
	Gardner Methodist Church 18 th & Schaer, NLR	501-374-9520
	Park Hill Baptist Church 201 East C Street, NLR	501- 753-3413
	WIC (Health Department) 5800 W 10 th , Suite 810	501-661-2508
	WIC 1321 Hill Street, Jacksonville	501-982-7477
Hot Meals	Stew Pot First Presbyterian Church, 8 th & Scott St. (Monday – Friday, 12:00 – 1:00)	501-372-1804
	Friendly Chapel Soup Kitchen 116 S. Pine, NLR (Monday – Friday)	501-371-0912
	Stone Soup Quapaw Quarter Methodist Church, 6 th & Louisiana (Hot meal on Sunday, 12:00 - 4:00)	501-375-1600
FUNERAL	Casework Division of Governor's Office Cremation	501-682-2345

FURNITURE

**No agency routinely has free furniture.
 Furniture may be purchased at area thrift stores
 (such as Salvation Army at 3618 W. Roosevelt, or
 Goodwill at 1201 W. 7th). Occasionally, the
 following agencies may have furniture to give
 away:

HEALTH SERVICES	St. Francis House	501-664-5036
	Adolescent Center	501-364-8336
	1201 Bishop, Little Rock, AR	
	Care for teens age 12-21. Sports physical, Immunizations, counseling. Appointments only.	
	Arkansas Children's Hospital	
	800 Marshall, Little Rock, AR 72201	501-364-1100
	Baptist Medical Center	
	Care for sick children. Immunizations for preschoolers only. No appointment necessary.	501-202-7000
	Pulaski County Central Health Clinic	
	College Station Clinic	
Pulaski County Central Health, Little Rock	501-490-1602	
Jacksonville Health Clinic	501-280-3100	
Health Department Clinic	501-982-7477	
Southwest Health Clinic	501-280-3340	
	501-565-9311	
Planned Parenthood	501-666-7526	
St. Francis House	501-664-5036	
St. Vincent's Health Clinic East	501-552-4710	
UAMS Medical Center	501-686-7000	
Westside Free Medical Clinic	501-664-0340	
Infant & Child	Pulaski County Health Departments (See numbers and locations above)	501-380-3100
	Arkansas Children's Hospital General Pediatric Clinic	501-364-1100
Child Care Referral Services	Arkansas Human Services	1-800-445-3316
	Child Care Education	
	Children and Family Services/ Neglect	501-682-8772
	Children and Family Service/Childcare	501-682-8590
	New Futures for Little Rock Youth	501-374-1011
HEARING SERVICES	Arkansas Childrens Hospital Audiology and Speech Clinic	501-364-4319
	4815 W. Markham	
	Audiology and Speech Pathology	501-569-3155
	5820 Asher Ave. Suite 600 (Adult hearing rehabilitation, hearing evaluation, individual work and counseling, speech therapy, sliding scale fee, and regular fee payment)	
	Arkansas School for the Deaf	501-324-9506
Arkansas Rehabilitation Services	501-686-2800	
	Interpreter Referral Service	

	Outreach Program School for the Deaf	501-324-9523
HOMELESS SHELTERS		
Women & Children	Dorcas House 823 South Park (For women and children, average length of stay is 6 weeks; provides shelter, food, clothing, and social work assistance. 24 hour service)	501-374-4022
	Women and Children First (Shelter & support for battered women & children for up to 45 days, 24 hour service)	501-376-3219
Teens	Centers for Youth and Families 6425 W. 12 th (Crisis counseling, shelter, food & clothing for runaway and homeless youth ages 8-17 in crisis situations for up to 45 days, 24 hour service)	501-666-4949
	Immerse Arkansas 5300 Asher Avenue Little Rock, AR 72204	O: 501-404-9890 F: 866-449-2556
	Crisis Line (501) 510-SAFE	
Student	Immerse Arkansas 5300 Asher Avenue Little Rock, AR 72204	501-404-9890 x 713
	Crisis Line:	501-510-SAFE
Families	Our House 302 E. Roosevelt (Food, shelter, clothing, employment, housing assistance to homeless men, women & children for 30 days, extensions may be granted, check-in: 4:30 – 5:00 pm, emergency check-in til 10:00 pm)	501-375-2416
	Salvation Army 1111 W. Markham (Food, shelter, employment, and social work counseling for men, women, and children for 5 days, check-in at 4:30)	501-374-9296
Men	Salvation Army Adult Rehabilitation Center 3618 W. Roosevelt <i>(Medium termed care of adult men with treatable handicaps such as alcoholism and homelessness.)</i>	501-374-9296
	Union Rescue Mission Transient Lodge 615 Magnolia, NLR <i>(Food, shelter, & clothing for men for 3 nights every 10 days, check-in 3:00 p.m. – 7:00 a.m.)</i>	501-376-8470
Services	Homeless Education Program, LRSD 501 Sherman Street, Little Rock, AR 72202	501-447-2988
HOSPITALS/CLINICS	AR Children’s Hospital	501-364-1100

AR Children's Hospital Development Center 501-364-1100
(Evaluation & therapy for developmentally
delayed children)

Free Clinics:

Harmony Health Clinic, 201 E. Roosevelt Rd., by 501-375-4400
Appointment only (medical and dental) Monday
– Thursday 9am – 3 pm Walk in Accepted only
Thursdays 5 – 9pm

HOTLINES

National Crisis Suicide Hot line or Veterans Line 1-800-273-TALK (8255)
Child Abuse 1-800-4achild 1-800-422-4453
Crisis Text Line 741741
National Runaway Switchboard 1-800-786-2929
Substance Abuse Hotline 1-855-649-6079
Cocaine 1-844-888-6908
National STD and AIDS Hotline 1-800-448-0440
Arkansas State Health Department 1-800-462-0599
Battered Women 1-802-658-1996
Child Abuse Hotline 1-800-422-4453
DHS Client Assistance 1-800-482-8988
National Highway Auto Safety 1-800-424-9393
Beech-Nut Nutrition for Babies 1-800-233-2468
Product Safety 1-800-638-2772
Alcoholics Anonymous 1-800-ALCOHOL
CDC 1-800-458-5231
American Council for the Blind 1-800-424-8666
Arkansas Trauma Foundation 1-212-772-0608
Cancer Information Service 1-800-4-CANCER
Child Find 1-800IAMLOST
Children's Hospice 1-719-683-2792
American Diabetes 1-800-342-2383
Gambling 1-800-GAMBLER
National Adoption Center 1-800-TO-ADOPT
National Association for Hearing & Speech Action 1-800-638-8255
National Council on Alcoholism 1-800-475-HOPE
National Grief Recovery Insitute 1-800-334-7606
National Brain Injury Association 1-800-444-NHIF
National Health Information Clearinghouse 1-800-336-4797
Parents Anonymous 1-909-621-6184
Co-parenting and Abduction 1-800-A-WAY-OUT
National Rehabilitation 1-800-34-NARIC
Relapse Prevention Hotline 1-866-949-8009
Sexually Transmitted Disease 1-800-227-8922
Shriner's Hospital 1-800-237-5055
Trauma 1-800-556-7890
*(Teens can go to any local hospital that sponsors
Operation Safe Place)*

HOUSING

Pulaski County Housing Agency 501-340-3384
201 S. Broadway, Suite 220
Little Rock, AR 72201

Public Housing 501-324-5931
Little Rock Office 501-758-8911
North Little Rock Office 501-376-7151
ACORN

Pulaski County O: 501-340-3384
Housing Agency F: 501-340-8951

201 S. Broadway, Suite 220
Little Rock AR 72201

LEGAL SERVICES

Center for AR Legal Services 1-800-950-5817
Little Rock
Auditor of State 501-682-6030

American Civil Liberties Union 501-374-2660
Arkansas Bar Association 501-375-4606
Prosecuting Attorney's Office 501-340-8000

MENTAL HEALTH

National Alliance for the Mentally Ill 501-661-1548 or
1-800-844-0381
Arkansas Cares 501-771-1500
United Methodist Children's Home Shari Willding Program
2002 South Fillmore administrator
Little Rock, AR 72204 Phone: 501-906-4247
Fax: 501-296-1714
Email:swillding@mthodi
stfamily.org

Arkansas State Hospital 501-686-8000
4313 West Markham, Little Rock, AR 72201
Bridgeway 501-771-1500
#12 Bridgeway Road, NLR
Bridgeway Mobile Assessor 501-350-6578

Centers for Youth and Families 501-666-8686
6101 W. 12th Street
(Parent Center)
Centers for Youth and Families 501-666-4949
6601 W 12th Street
(Diagnostic counseling for emotionally
troubled children) 501-666-4949
Family Service Agency 501-372-4242
628 West Broadway, Little Rock, AR
72114
Little Rock Community Mental Health 501-686-9300
4400 Sheffield
L.O.V.E. "Let Our Violence End" Inc. 501-516-1602
(Healing Waters Outreach Center)
14036 Sardis Road, Shannon Hills, AR 72103
www.letourviolenceend.com

Make a Wish Foundation 501-376-4650
Parental and Teen Pregnancy Hotline 800-235-0002
State Health Department 501-661-2000
Methodist Family Health 501-661-0720
1600 Aldersgate Rd. #200
Little Rock, AR 72205
Pinnacle Point Hospital 501-223-3322
11501 Financial Parkway, LR, AR
Pinnacle Point Mobile Assessor 501-658-5229

Professional Counseling Associates 501-221-1843
3601 Richards Road, North Little Rock,
AR. 72117
Rivendell Behavioral Health Services 501-316-1255
6724 interstate 30
Rivendell Mobile Assessor 501-804-2503

	Planned parenthood	501-666-3243
	Pulaski County Health Department	501-280-310
	Little Rock Family Planning Service	501-225-3836
	Catholic Diocese of Little Rock-Adoption 2415 N. Tyler Street	501-664-0340
	UAMS Walker Family Clinic (Appointments) 4301 West Markham, Little Rock, AR, 72205	501-526-8200
PARENTING CLASSES	Center for Youth & Families Parent Center	501-666-6833
PREGNANCY/ HEALTH EDUCATION	Department of Human Services Adoption Service Florence Crittendon AR Department of Health Promise House (Residential Care for Pregnant teens)	501-682-1001 800-522-6630 501-376-4791
	Pulaski County Health Department (STD) 3915 W. 8 th Street, Little Rock, AR Pulaski County Youth Services	501-280-3125 501-340-8250
	Learning Disabilities Association of Arkansas	501-666-8777
Teenage Parenting	Teen Parent Program Overeaters Anonymous	501-666-6833 479-474-9606
PREVENTION/ EDUCATION	St. Francis House, 24 hours Assistance American Red Cross Arkansas Advocates for Children and Family CPC Pinnacle Pointe Hospital	501-664-5036 501-748-1000 Or 800- REDCROSS 501-371-9678 501-223-3322
SUPPORT GROUPS	Teen Hotline Women and Children First CPC Pinnacle Pointe Hospital Dorcas House	1-800-852-8336 1-800-332-4443 501-223-3322 501-374-4022
UTILITY ASSISTANCE	CADC (Central Arkansas Development Council)	501-603-0909
VIOLENT BEHAVIOR	Family Service Agency - Anger Management Program and Domestic Violence	501-372-4242
YOUTH HOME	Behavioral Health Service of Arkansas Outpatient Phone	501-954-7470 501-954-7470