August, 2015

The Little Rock School District presents to you this School, Community, and Social Service Resource Directory. In this directory you will find organizations and service providers for Little Rock School District, Pulaski County, and more. This information has been compiled to provide principals, assistant principals, counselors, social workers, nurses, teachers and other school personnel with a pool of readily accessible information referencing resources available in the district and the greater Little Rock area, as well as other parts of the state, that serve our children, youth and their families.

This document is not intended to be a complete listing of every community resource, but will provide a list of well-established services and resources available within the greater Little Rock area, and our school district.

Counseling Department/Student Services Department
Little Rock School District
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Little Rock School District
Please see agencies listed below that provide mental health services for schools in the Little Rock School District, for more information please contact Lisa Williams @ 501-447-3439 or lisa.williams@lrsd.org

**BRIDGES OUTPATIENT 501-771-1500**

Outpatient treatment may be an option when a person has psychiatric problems such as depression, anxiety, chemical dependency or other issues. While outpatient treatment may be less disruptive to a daily life, our seasoned mental health professionals provide high quality care.

Overseen by an expert psychiatrist and serving children, adolescents and adults, the outpatient program known as Bridges provides a multi-discipline approach and may include:

- A small, safe and structured treatment environment
- Psychiatric Evaluation
- Medication Management and Evaluation
- Family Therapy
- Substance/Dependence/Abuse Treatment

**CENTERS FOR YOUTH AND FAMILIES 501-666-8686**

Offers Mental Health Evaluation/Diagnosis, individual Psychotherapy and family Psychotherapy. Centers’ providers will participate in staffing and meetings regarding their clients whenever invited or requested as often as scheduling permits. These meetings include but are not limited to parent-teacher conferences, referral conferences, IEP meetings, annual reviews, and discipline conferences or hearings when appropriate. Participation will occur with parent or guardian’s permission as evidenced by the signed release of information. In addition, communication including Centers providers must be relevant to the client’s behavior, mental health diagnosis and/or treatment, or utilized in the development of plans, strategies, and techniques for working effectively to improve functioning and ameliorate symptoms.

**DAYSpring 501-565-8501**

Dayspring services include individual psychotherapy, family psychotherapy, and group psychotherapy for children, adolescents and/or adult clients, medication management, school-based services and nursing home services. These services address numerous client needs such as psychiatric illness, emotional and behavioral problems, family and interpersonal relationships, life span issues, situational stressors and trauma resolution. The specialty programs such as the school-based services provided during or after school focus on the behavioral and mental health needs of school-aged clients, while working closely with the client’s family and school personnel.

**FAMILIES, INC. 501-982-5000**

Families, Inc. offers a variety of therapeutic services for all ages on an individual, couple, family and group basis. Through counseling, individuals receive emotional support from a licensed professional, who helps the client work to resolve conflicts with others, understand feelings such as anxiety and depression, and try out new solutions to old problems. The length of treatment, of course, depends on the complexity and severity of problems.

**LIFE STRATEGIES COUNSELING, INC. 501-663-2199**

LSCI offers a range of services and options will be discussed following an assessment of the need for mental health services. Services include: Individual mental health counseling, Group therapy, Family therapy, psychiatric evaluation and medication management, Psychological testing, Substance abuse counseling and groups, Support groups, School linked therapy services, mental health paraprofessional intervention, Crisis intervention/Stabilization and Referrals to supportive services and community resources.
LIVING HOPE  501-663-5473

Living Hope offers intensive behavioral health treatment for seriously emotionally disturbed children and adolescents in public school settings across Central Arkansas. Through collaboration and coordination with local school districts, students have access to an array of professional and para-professional services without leaving their school campus. School administrators work with Living Hope Southeast to provide a safe and confidential setting for clients to receive intensive services from our psychiatrists, therapists, and case managers. Through this school partnership, Living Hope is able to ensure the safety and success of its clients with minimal disruption to their normal educational activities.

METHODIST FAMILY HEALTH 501-661-0720

Methodist Family Health offers outpatient treatment services in communities all across the state. Venues of care include community counseling clinics, school-based counseling services, day treatment programs and specialized services such as Kaleidoscope Grief Center.

NEW BEGINNINGS BEHAVIORAL HEALTH SERVICES 501-663-1837

New Beginnings uses treatment plan goals and objectives to determine discharging of consumers. Consumers have an ongoing participation of their treatment plan goals and objectives. Family participation is strongly encouraged and it is New Beginnings belief that services should be holistic in approach. The organization helps facilitate family participation by helping with transportation and in scheduling decisions.

P.A.T CENTER 870-534-4900

The P.A.T. (people advocating transition) Center offers an array of outpatient services which include: In Home Counseling, Community Rehabilitation, Individual Outpatient Therapy, Anger Management, Family Therapy, Group Therapy, School Based Services, Substance Abuse Group, Sexual Abuse Group and more. Referrals are accepted from parents, DHS, schools, courts, and other child care agencies.

PATHFINDER, INC. 501-982-0528

Pathfinder, Inc. is a School-Based Behavioral Health Services that believes in a cooperative effort with the public schools to improve service to children/youth with serious emotional and/or behavioral disorders. The target population focuses on adolescents at risk of possible hospitalization, or removal from the traditional classroom setting, and possible long term residential treatment.

THE POINTE 501-603-2147

Pinnacle Pointe Behavioral HealthCare has provided mental health services to families in Arkansas and surrounding states since 1991. They specialize in programs for children ages 5-17 with individualized treatment for each child. Their mission is to provide a safe, secure and nurturing environment and believe that early intervention is key to a child’s success. Some of their services include inpatient services - acute and residential, outpatient services, community-based services, day treatment school, and professional and community education.

PROFESSIONAL COUNSELING ASSOCIATES 501-221-1843

Child and Adolescent Service System Program

PCA is the “lead agency” for CASSP (Child and Adolescent Service System Program) in Lonoke, Prairie, and North Pulaski Counties. For children with severe emotional disturbances, or children with emotional problems whose needs require services from several different agencies or State departments, PCA arranges a multi-agency staffing to coordinate services. The following services are available to children, adolescents and their families:

- School-Based Services public schools and Head Start classrooms.
- Children’s Case Management is available at all our clinics. Parents Brochure
- Wrap Around services to meet needs that insurance does not cover, including rewards for improved behavior.
In Lonoke County our PROMOTE program serves youth who are at-risk or involved with the Division of Youth Services. [PROMOTE Brochure]

**UAMS/PRI STRIVE  501-771-8261**

Counseling services are conducted by trained clinicians (most are Master's level) and supervised by licensed clinicians (LMHC). Services are available in-home individual and family therapy, in-school assessment, individual and/or group therapy and consultation. Individual therapy is available as needed to enhance treatment of the client. Services also include behavioral system reconstruction.

**UNITED FAMILY SERVICES  501-244-0062**

This service provides individual, group, and family therapy to juveniles and their families referred by the court system, as well as aftercare clients, as designated. All services are delivered by qualified, licensed mental health professionals. The purpose of the program is to provide individuals and families an outlet for addressing issues that affect their level of functioning in the community. Consultation with the referral source is also provided, as needed.

**THERAPEUTIC FAMILY SERVICES  501-332-4402**

Participants are assessed by clinically trained staff to ascertain a mental health diagnosis. THS mental health clinicians partner with participants to develop a treatment plan that addresses the participant’s individual needs. THS mental health clinicians determine if the participant needs a referral to other services THS has to offer, such as individual, group and family Counseling. THS mental health clinicians address the appropriate modality of counseling the participant needs. Services like counseling and case management are provided through outreach to and engagement with the participant’s school.

**YOUTH HOME 501-821-5500**

Youth Home provide mental health services to Little Rock School District eligible students during regular school hours Monday through Friday. This includes any direct school-based mental health service provided in a school setting. Individual therapy, family therapy, case management, group therapy, crisis intervention, collateral contacts, clinical consultation, medication management, case coordination, interagency staffing and teacher/school staff education.
OTHER MENTAL HEALTH RESOURCES

RIVENDELL  1-800-264-5640

Rivendell is a behavioral health organization that provides a full continuum of mental health services for adults, adolescents and children, including inpatient hospitalization, long-term inpatient treatment, partial hospitalization, and outpatient services provided in a traditional office setting, school or home. Rivendell also provides educational day treatment for students experiencing difficulty in public schools, but in close coordination with the home school.

SAFE PLACES 501-374-7233

Safe Places is a non-profit organization working to help children and families throughout Arkansas. Ninety-nine percent of services are free of charge to victims of sexual assault, family violence, child abuse, human trafficking and other forms of violence. Services include individual and group support, advocacy, counseling, education/training, referral services and specialized therapies.

UAMS MEDICAL CRISIS AND LOSS CLINIC 501-526-8100

The experience of a life-threatening illness or death of a family member can be emotionally disruptive to a child’s development, as well as to the child’s entire family. Frequently, children experiencing problems in adjusting to loss or serious illness may demonstrate difficulties including increased sadness and anxiety, withdrawal from friends, decreased school achievement or medical nonadherence. The Medical Crisis and Loss Clinic was developed to assist children and families in coping with loss and change. It is a short-term intervention focused on improving long-term adjustment.

The clinic is intended for parents, whose child has died, or children and adolescents who:

- Have experienced the death of a family member or close friend from an illness,
- Have experienced a loss of function from physical trauma, or
- Have difficulty coping with the diagnosis of a chronic or life-threatening illness.
Pulaski County
ABUSE

Adult Protective Services 1-800-482-8049
Child Protective Services (Hotline) 1-800-482-5964
Arkansas Attorney General’s Office Hotline 1-800-482-8982

Women and Children First (battered women) (Emergency crisis line) 501-376-3219 or 1-800-332-4443
Provide shelter and a 24-hour crisis hotline for survivors of family violence, they also help women and their children find long term housing.

ADULT DAYCARE

St. Luke’s Respite Care Center (Thursdays) 501-753-4281
4106 JFK Blvd., NLR
Central AR Area Agency on Aging Carelink 501-372-5300
706 W. 4th St., NLR
SCAT (Senior Citizens Activities Today) 501-374-0123
Heart of Arkansas United Way 501-376-4567

AIDS

HIV Services Program Coordinator 501-661-2503
4815 W. Markham, Little Rock
CDC 1-800-458-5231
AIDS Clinical Trials Info Service (1-4pm) 1-800-TRIALS-A
AIDS Treatment Drug Info. 1-800-822-7422
Deaf Access AIDS Hotline 1-800-243-7889
Spanish AIDS Hotline 1-800-344-SIDA
National HIV & AIDS Hotline 1-800-232-4636
Arkansas Aids Foundation 501-374-2898

AIDS Testing

Planned Parenthood 501-666-7526
Pulaski County Central Health Unit 501-280-3125

ALCOHOL & OTHER DRUG ABUSE

Quapaw Ark Detox 501-686-9393
Integrated Health Care 501-227-7305
#5 Shackelford Plaza, Little Rock
Little Rock Compassion Center 501-296-9114
3618 Roosevelt Road (for men only)
Women, Children & Men

Detox Centers

In-Patient

GYST House, 24 hours 501-568-1682
8101 Frenchmons Lane

Recovery Centers of Arkansas 501-372-4611
1201 River Road, North Little Rock
Ouachita County Hospital 870-836-1289
638 California Ave., Camden

Out-Patient

Alcoholics Anonymous (24 hours) 501-664-7303
Big Brothers Big Sisters of Central Arkansas
• Ms. Renee Burks, Project Director 501-374-6661
312 W. Pershing
North Little Rock, AR 72114 FAX: 501-375-0906 - Fax
PSP EMAIL: rburks@bbbsca.org

Out-Patient (cont.)

Family Service Agency 501-753-0202
629 W. Broadway (Drug & alcohol abuse program)

Greater Second Care Center, Inc. 501-569-9988
• Mr. Fred Harvey, Project Director  
  After School Care  
  5615 Geyer Springs Rd.  
  Little Rock, AR 72209  
  PSP EMAIL: fharvey@greatersecond.org  
  CLFC@greatersecond.org  

Kiwanis Activities, Inc. (DBA) Pfeifer  
Kiwanis Camp  
• Mr. Sanford Tollette, Project Director  
• Ms. Binky Martin-Tollette, Assistant Director  
  5512 Ferndale Cutoff  
  Little Rock, AR 72223  
  FAX: 501-821-3714  
  PSP EMAIL: sanford@pfeifercamp.com  
  Website: http://www.pfeifercamp.com/  
  binky@pfeifercamp.com  
  jpkcamp@pfeifercamp.com  

Professional Counseling Associates 501-955-7600  

UAMS Substance Abuse Treatment Clinic  
  4301 W. Markham, Little Rock  
  501-526-8400  

Serenity Park – Male and Female Facility  
  2801 W. Roosevelt, Little Rock  
  501-663-7627  

The Bridgeway  
  21 Bridgeway Road, North Little Rock  
  501-771-1500  

CPC Pinnacle Pointe Hospital  
  11501 Financial Center Parkway, Little Rock  
  501-223-3322  

Information  
Prevention Resource Center, Family Service Agency 501-372-4242  

Reynold’s Institute  
  UAMS, 2nd Floor  
  Evaluation by doctors and formulation of a treatment plan including the patient and the family.  
  501-686-6219  

Arkansas Department of Health  
  4815 W. Markham  
  (To get copies of certificates for persons who were born or who died in Pulaski County)  
  501-661-2336  

ALZHEIMER’S DISEASE  
World Services for the Blind  
(Also known as AR Enterprises for the Blind mobility training, preparation for independent living)  
  501-664-7100  

BIRTH AND DEATH CERTIFICATES  
World Services for the blind (Also known as AR Enterprises for the Blind mobility training, preparation for independent living)  
  501-661-2336  

BLINDNESS  
State Library for the Blind and Physically  
  501-682-1155
Handicapped
(Free large print books for loan, cassettes, records, Braille materials and equipment. Request must be filled out by a healthcare provider.)

**BUS TICKETS**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>CAT (Central Arkansas Transit)</td>
<td>501-375-1163</td>
</tr>
<tr>
<td>Salvation Army</td>
<td>501-374-9296</td>
</tr>
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**CANCER**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>American Cancer Society</td>
<td>501-666-5409</td>
</tr>
<tr>
<td>(Promotes early detection and treatment of cancer, provides services to patients and their families)</td>
<td></td>
</tr>
<tr>
<td>CARTI (Central AR Radiation Therapy Institute)</td>
<td>501-664-8573</td>
</tr>
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**CHILD DAYCARE**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>Division of Child Care &amp; Early Childhood Education</td>
<td>1-800-445-3316</td>
</tr>
<tr>
<td>(Provides free information to parents to help them locate childcare services in the state 8:30 am – 4:30 p.m., Monday-Friday)</td>
<td></td>
</tr>
<tr>
<td>St. Augustine Center for Children</td>
<td>501-378-0940</td>
</tr>
<tr>
<td>1410 E. 2nd Street, NLR</td>
<td></td>
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<tr>
<td>(Serves 3-5 years, sliding scale fee)</td>
<td></td>
</tr>
<tr>
<td>Hunter Child Care Center</td>
<td>501-225-7683</td>
</tr>
<tr>
<td>3301 Romine Road</td>
<td></td>
</tr>
<tr>
<td>(Serves 6 weeks – 12 years, sliding scale fee, before and after school care)</td>
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**CHILDREN  AND YOUTH SERVICES**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>AR Advocates for Children and Families</td>
<td>501-371-9678</td>
</tr>
<tr>
<td>Big Brothers/Big Sisters</td>
<td>501-374-6661</td>
</tr>
<tr>
<td>Quapaw Boy Scouts of America</td>
<td>501 664-4780</td>
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**General Information And referral**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>Boys and Girls Club of Central Arkansas</td>
<td>501-666-8816</td>
</tr>
<tr>
<td>NLR Boys Club</td>
<td>501-945-3162</td>
</tr>
<tr>
<td>Girl Scouts</td>
<td>501-758-1020</td>
</tr>
<tr>
<td>Arkansas for Drug-Free Youth</td>
<td>501-375-1338</td>
</tr>
<tr>
<td>Arkansas Advocates for Children and Families</td>
<td>501-371-9678</td>
</tr>
<tr>
<td>Arkansas Association for Hearing-Impaired Children</td>
<td>TDD 221-1330</td>
</tr>
<tr>
<td>Arkansas Early Childhood Association</td>
<td>501-221-2635</td>
</tr>
<tr>
<td>Arkansas Easter Seal Society</td>
<td>501-227-3600</td>
</tr>
<tr>
<td>Arthritis Foundation Hot Line</td>
<td>(800) 482-8858</td>
</tr>
<tr>
<td>Center for Youth &amp; Families</td>
<td>501-666-8686</td>
</tr>
<tr>
<td>Child Care Referral</td>
<td>507-287-2020</td>
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<tr>
<td>Child find Hot Line</td>
<td>800-426-5678</td>
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<table>
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<tr>
<th>Service</th>
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<tbody>
<tr>
<td>Child Help USA</td>
<td>800-422-4453</td>
</tr>
<tr>
<td>Child Protective Services</td>
<td>501-682-1001</td>
</tr>
<tr>
<td>Kidsource</td>
<td>501-225-0997</td>
</tr>
<tr>
<td>Learning Disabilities Assoc. of Arkansas</td>
<td>501-666-8777</td>
</tr>
<tr>
<td>March of Dimes Birth Defect Foundation</td>
<td>501-663-3100</td>
</tr>
<tr>
<td><strong>CHILDREN AND YOUTH SERVICES (Support Groups)</strong></td>
<td><strong>Phone Number</strong></td>
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<tr>
<td>-----------------------------------------------</td>
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<tr>
<td>Youth Home, Inc.</td>
<td>501-821-5500</td>
</tr>
<tr>
<td>Arkansas YouthLeadership Initiative</td>
<td>501-375-1338</td>
</tr>
<tr>
<td>Arkansas Children’s hospital Adolescent &amp; Young Adult Clinic</td>
<td>501-364-1100</td>
</tr>
<tr>
<td>Big Brothers/Big Sisters of Pulaski County, Inc.</td>
<td>501-374-6661</td>
</tr>
<tr>
<td>Centers for Youth &amp; Families</td>
<td>501-666-8686</td>
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<tr>
<td>National Runaway Safeline</td>
<td>800-786-2929</td>
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<tr>
<td>New Futures for Youth</td>
<td>501-374-1011</td>
</tr>
<tr>
<td>P.A.R.K.</td>
<td>501-562-5223</td>
</tr>
<tr>
<td>Shelter for Homeless &amp; Runaway Children</td>
<td>501-666-7233</td>
</tr>
<tr>
<td>Teen LifeLine</td>
<td>800-248-8336</td>
</tr>
<tr>
<td>Teen Obstetric Prenatal Parenting (TOPPS)</td>
<td>666-6833 Ext. 3136</td>
</tr>
<tr>
<td>Transitional Living Program &amp; Youth Emergency Shelter</td>
<td>501-771-5511</td>
</tr>
<tr>
<td>United Way First Call for Help</td>
<td>501-376-4567</td>
</tr>
<tr>
<td>Watershed Human &amp; Community Development Agency</td>
<td>501-378-0176</td>
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<tr>
<th><strong>CLOTHING</strong></th>
<th><strong>Address</strong></th>
<th><strong>Phone Number</strong></th>
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<tbody>
<tr>
<td>St. Francis House</td>
<td>2701 Elm Street</td>
<td>501-664-5036</td>
</tr>
<tr>
<td>Watershed II</td>
<td>3701 Springer Blvd.</td>
<td>501-37 8-0176</td>
</tr>
<tr>
<td>Goodwill Industries of Arkansas</td>
<td>1110 West 7th, Little Rock, AR 72201</td>
<td>501-372-5100</td>
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<thead>
<tr>
<th><strong>CONSUMER ADVOCACY</strong></th>
<th><strong>Phone Number</strong></th>
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<tbody>
<tr>
<td>Arkansas Community Organization</td>
<td>501-376-7151</td>
</tr>
<tr>
<td>Arkansas Better Business Bureau</td>
<td>501-664-7274</td>
</tr>
<tr>
<td>Public Service Commission</td>
<td>501-682-2051</td>
</tr>
<tr>
<td>Attorney General’s Office</td>
<td>501-682-2007</td>
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<thead>
<tr>
<th><strong>CONSUMER COUNSELING</strong></th>
<th><strong>Phone Number</strong></th>
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<tbody>
<tr>
<td>Consumer Credit Counseling</td>
<td>501-753-0202</td>
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<tr>
<th><strong>COUNSELING SERVICES</strong></th>
<th><strong>Address</strong></th>
<th><strong>Phone Number</strong></th>
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<tbody>
<tr>
<td>Child Study Center</td>
<td>UAMS 5:30am – 5:00pm</td>
<td>501-364-5150</td>
</tr>
<tr>
<td>Centers for Youth and Families</td>
<td>Outpatient Counseling Center 5905 Forest Place, Suite 100</td>
<td>501-666-4949</td>
</tr>
</tbody>
</table>
### CRISIS/EMERGENCY SERVICES
- Salvation Army 501-374-9296
- Women & Children First 501-376-3219
- Poison Control and Information 501-686-6161
- Center for Youth Emergency Shelter 501-666-7299
- Arkansas State Police Child Abuse Hotline 800-482-5964

### DRUG COUNSELING/TREATMENT
- Baptist Health Rehabilitation Institute 501-202-7000
  - Recover Care Unit
  - 9601 I-630, Exit 7
- Hoover Center/Black Community Developers Center 501-663-9621
  - 4000 West 13th Street
  - Little Rock, AR 72204
- Recovery Centers of Arkansas
  - Riverbend
  - 1201 River Road
  - North Little Rock, AR 72114
  - Website: www.rcofa.org
  - RCA-Williamsburg
  - 6301 Father Tribou St.,
  - Little Rock, AR 72205-3003
  - Residential and Outpatient Treatment Services,
    Partial Day
- Serenity Park, Inc. & Serenity Home
  - 2801 W. Roosevelt Road
  - Little Rock, AR 72204
  - Website: [http://www.serenitypark.org](http://www.serenitypark.org)
  - (Residential Treatment Services for Males & Females)
  - (Gender Separate)
  - Outpatient (Male & Female)
- Larry Gaines, Executive Director
- Serenity Park, Inc. & Serenity Home
  - 6301 Father Tribou St.,
  - Little Rock, AR 72204
  - Website: [http://www.serenitypark.org](http://www.serenitypark.org)
  - (Residential Treatment Services for Males & Females)
  - (Gender Separate)
  - Outpatient (Male & Female)

### EDUCATION
- Arkansas Literacy Council 501-907-2490
- Pleasant Hill AME Church, Free Tutoring 501-490-0267
- Literacy Action of Central Arkansas 501-372-7327
- Youth Challenge (AR National Guard) 501-212-5565
- Arkansas Baptist Adult Education Center 501-372-1547
- North Little Rock Location 501-353-1449

### ELDERLY
- www.seniorcorps.gov (Foster Grandparent) 501-372-5300
- Central AR Area Agency on Aging 706 W. 4th Street, NLR
  - (Good I & R for the elderly, covering Pulaski, Saline, Lonoke, Faulkner, Monroe, & Prairie Counties)
- Jacksonville Senior Wellness & Activity Center 501-982-7531
- (SCAT) Senior Citizens Activities Today 501-374-0123

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<table>
<thead>
<tr>
<th>Service Area</th>
<th>Organization/Program</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocates</td>
<td>Care Links</td>
<td>501-372-5300</td>
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<tr>
<td></td>
<td>(Assistance to the elderly living at home in the following areas of need: neglect &amp;</td>
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<tr>
<td></td>
<td>exploitation, Social Security, SSI, food stamps, private pensions, and veteran’s</td>
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<tr>
<td></td>
<td>benefits.)</td>
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<td></td>
<td>National Council on Aging</td>
<td>1-800-424-9046</td>
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<tr>
<td>Employment</td>
<td>Care Link</td>
<td>501-372-5300</td>
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<tr>
<td></td>
<td>(Employment opportunities for those 55 and older in Pulaski, Saline, Lonoke, Faulkner,</td>
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<td></td>
<td>Monroe &amp; Prairie Counties)</td>
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<td></td>
<td>SCORE (Sr. Corp of Retired Persons)</td>
<td>501-324-7379</td>
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<td></td>
<td>(Matches retired executives with agencies which can benefit from their expertise)</td>
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<tr>
<td>Eye Care</td>
<td>Eye Care of America</td>
<td>1-800-222-3937</td>
</tr>
<tr>
<td></td>
<td>(Free care to detect and treat blindness (elderly only). This does not cover exams</td>
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<tr>
<td></td>
<td>for eyeglass prescriptions.)</td>
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<td><a href="http://www.eyecareamericalorg">www.eyecareamericalorg</a></td>
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<tr>
<td>Food/Meals</td>
<td>Meals on Wheels (Care Link)</td>
<td>501-372-5300</td>
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<tr>
<td></td>
<td>SCAT (Sr. Citizens Activities Today)</td>
<td>501-374-0123</td>
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<tr>
<td></td>
<td>(Activities, meals, crafts, &amp; recreation)</td>
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<td></td>
<td>Food Stamps</td>
<td>501-682-1001</td>
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<tr>
<td></td>
<td>(If a client receives SSI, he/she is eligible for food stamps. Any local Sr. Citizen's</td>
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<td>center can help with application)</td>
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<tr>
<td>Home Maintenance</td>
<td>Park Hill Baptist Church Small Maintenance Repair Team</td>
<td>501-753-3413</td>
</tr>
<tr>
<td></td>
<td>201 East C Street, NLR</td>
<td></td>
</tr>
<tr>
<td>Medicaid</td>
<td>Medicaid can be granted to anyone receiving SSI. It helps to pay for hospital and</td>
<td>501-682-8233</td>
</tr>
<tr>
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<td>personal care. Proof of SSI is required when filing.</td>
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<tr>
<td></td>
<td>Carelink Live In/Sitter Program</td>
<td>501-372-5300</td>
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<tr>
<td>Respite Care</td>
<td>St. Luke’s Respite Care</td>
<td>501-753-4281</td>
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<tr>
<td></td>
<td>4106 JFK Blvd.</td>
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<tr>
<td></td>
<td>St. Vincent Home Care</td>
<td>501-663-7198</td>
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<td></td>
<td>6701 W. 12th Street                      (For someone to stay with homebound patients)</td>
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<tr>
<td></td>
<td>Visiting Nurse Association</td>
<td>501-664-4933</td>
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<tr>
<td></td>
<td>6071 W. 12th Street</td>
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<tr>
<td></td>
<td>(In-homecare, nutrition, counseling, speech, physical, &amp; occupational therapy, support</td>
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<td></td>
<td>and social work consultation)</td>
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<tr>
<td></td>
<td>Central AR Home Health Agency</td>
<td>501-661-2614</td>
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</tbody>
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| Senior Citizen’s Center                          | Camp Aldersgate                      | 501-225-1444 |
|                                                | 2000 Aldersgate Rd.                 |              |
|                                                | Campus Towers Housing Project       | 501-374-1352 |
|                                                | 1101 E. 7th Street, NLR              |              |
|                                                | East End Senior Center              | 501-374-2881 |
|                                                | 2500 E. 6th Street                  |              |
|                                                | Glenview Recreation Center          | 501-945-2921 |
|                                                | 4800 E. 19th Street                 |              |
|                                                | Heritage House Activity Center for Senior Citizens | 501-758-9941 |
|                                                | 2301 Division Street, NLR           |              |
|                                                | Jacksonville Senior Center          | 501-982-7531 |
|                                                | 100 Victory Circle                  |              |
|                                                | Maumelle Senior Center              | 501-851-4344 |
|                                                | Parris Towers Senior Center         | 501-374-0123 |
|                                                | 1800 S. Broadway                    |              |
|                                                | Willow House Housing Project        | 501-758-3670 |
|                                                | 2500 Willow, NLR                    |              |
|                                                | Saline Co. Senior Adult Center      | 501-776-0255 |
|                                                | 210 Jefferson Street, Benton        |              |

| EMERGENCY NUMBERS                                | Arkansas Department of Health       | 501-661-2000 |
|                                                | After Hours                         | 501-661-2136 |

| Pulaski County                                  | Pulaski County Health Department   | 501-280-3100 |
|                                                | Arkansas Children’s Hospital -Emergency | 501-364-1185 |
|                                                | Baptist Medical Center – Emergency   | 501-202-2000 |
|                                                | DHS Children and Family Services     | 501-682-2119 |
|                                                | Little Rock Police Department        | 911          |
|                                                | North Little Rock Police             | 501-771-1200 |
|                                                | Little Rock Fire Department          | 501-371-4485 |
|                                                | North Little Rock Fire Department    | 501-340-5377 |
|                                                | Poison Control – (UAMS)              | 1-800-222-1222 |
|                                                | FBI                                 | 501-221-9100 |
|                                                | EPA – National Response Center       | 1-800-424-8802 |
|                                                | (To report toxic chemical and oil spills) |          |

| EMPLOYMENT RESOURCES                            | American Indian Center of Arkansas  | 501-666-9032 |
|                                                | 1100 N. University #143             |              |
|                                                | Arkansas Workforce                  | 501-682-2121 |
|                                                | 5401 South University               |              |
|                                                | Little Rock, AR                     |              |
|                                                | Salvation Army                      | 501-374-9296 |
|                                                | 1111 W. Markham                     |              |
|                                                | Watershed II                        | 501-378-0176 |
|                                                | 3701 Confederate Blvd.              |              |
Our House  
822 Louisiana  
501-375-2416

Florence Crittenton Home  
(For pregnant teenagers)  
501-663-0772

Job Corps  
(For those 16-21 years of age, providing training, transportation, and child care)  
501-618-2500

St. Francis House  
2701 S. Elm  
(Occasionally they will help with rent)  
501-664-5036

FAMILY PLANNING  
Family Planning Clinic  
(Arkansas Department of Health)  
501-280-3340

Planned Parenthood  
501-666-7526

Arkansas Children’s Hospital Adolescent Center  
501-364-8336

FINANCIAL COUNSELING  
Southwest Health Clinic  
501-565-9311

Consumer Credit Counseling Service  
628 W. Broadway  
North Little Rock  
501-753-0202

FOOD - Groceries  
Camp Aldersgate  
2000 Aldersgate Rd.  
(FCFH must call Camp Aldersgate and refer the client.)  
501-225-1444

Helping Hand  
1601 Marshall  
(Closes at 2:00 daily, except Thursday, when it closes at noon.)  
501-372-4388

Salvation Army  
1111 W. Markham  
(As well as other branches)  
501-374-9296

St. Francis House  
2701 S. Elm  
501-664-5036

Watershed II  
3701 Springer Blvd.  
501-378-0176

Gardner Methodist Church  
18th & Schaer, NLR  
501-374-9520

Park Hill Baptist Church  
201 East C Street, NLR  
501-753-3413

WIC (Health Department)  
5800 W 10th, Suite 810  
501-661-2508
WIC
1321 Hill Street, Jacksonville
501-982-7477

Hot Meals
Stew Pot
First Presbyterian Church, 8th & Scott St.
(Monday – Friday, 12:00 – 1:00)
501-372-1804

Friendly Chapel Soup Kitchen
116 S. Pine, NLR (Monday – Friday)
501-371-0912

Stone Soup
Quapaw Quarter Methodist Church, 6th & Louisiana
(Hot meal on Sunday, 12:00 - 4:00)
501-375-1600

FUNERAL
Casework Division of Governor’s Office
Cremation
501-682-2345

FURNITURE
**No agency routinely has free furniture. Furniture may be purchased at area thrift stores (such as Salvation Army at 3618 W. Roosevelt, or Goodwill at 1201 W. 7th). Occasionally, the following agencies may have furniture to give away:

St. Francis House
501-664-5036

HEALTH SERVICES
Adolescent Center
1201 Bishop, Little Rock, AR
Care for teens age 12-21. Sports physical, Immunizations, counseling. Appointments only.
501-364-8336

Arkansas Children’s Hospital
800 Marshall, Little Rock, AR 72201
501-364-1100

Baptist Medical Center
501-202-7000
Care for sick children. Immunizations for preschoolers only. No appointment necessary.

Pulaski County Central Health Clinic
College Station Clinic
501-490-1602
Pulaski County Central Health, Little Rock
501-280-3100
Jacksonville Health Clinic
501-982-7477
Health Department Clinic
501-280-3340
Southwest Health Clinic
501-565-9311

Planned Parenthood
501-666-7526
St. Francis House
501-664-5036
St. Vincent’s Health Clinic East
501-552-4710
UAMS Medical Center
501-686-7000
Westside Free Medical Clinic
501-664-0340

Infant & Child
Pulaski County Health Departments
(See numbers and locations above)
501-380-3100

Arkansas Children’s Hospital General Pediatric Clinic
501-364-1100
| **Child Care Referral Services** | Arkansas Human Services | 1-800-445-3316
| Child Care Education | Children and Family Services/ Neglect | 501-682-8772
| Children and Family Service/Childcare | New Futures for Little Rock Youth | 501-374-1011
| **HEARING SERVICES** | Arkansas Childrens Hospital Audiology and Speech Clinic | 501-364-4319
| 4815 W. Markham | Audiology and Speech Pathology | 501-569-3155
| 5820 Asher Ave, Suite 600 | (Adult hearing rehabilitation, hearing evaluation, individual work and counseling, speech therapy, sliding scale fee, and regular fee payment)
| Arkansas School for the Deaf | 501-324-9506
| Arkansas Rehabilitation Services | 501-686-2800
| Interpreter Referral Service | Outreach Program School for the Deaf | 501-324-9523
| **HOMELESS SHELTERS** | Dorcas House | 501-374-4022
| Women & Children | 823 South Park | (For women and children, average length of stay is 6 weeks; provides shelter, food, clothing, and social work assistance. 24 hour service)
| Women and Children First | 501-376-3219 | (Shelter & support for battered women & children for up to 45 days, 24 hour service)
| Teens | Centers for Youth and Families | 501-666-4949
| 6425 W. 12th | (Crisis counseling, shelter, food & clothing for runaway and homeless youth ages 8-17 in crisis situations for up to 45 days, 24 hour service)
| Families | Our House | 501-375-2416
| 302 E. Roosevelt | (Food, shelter, clothing, employment, housing assistance to homeless men, women & children for 30 days, extensions may be granted, check-in: 4:30 – 5:00 pm, emergency check-in til 10:00 pm)
| Salvation Army | 1111 W. Markham | 501-374-9296
| (Food, shelter, employment, and social work counseling for men, women, and children for 5 days, check-in at 4:30)
| Men | Salvation Army Adult Rehabilitation Center | 501-374-9296
| 3618 W. Roosevelt | (Medium termed care of adult men with treatable handicaps such as alcoholism)
and homelessness.)

Union Rescue Mission Transient Lodge 501-376-8470
615 Magnolia, NLR
(Food, shelter, & clothing for men for 3
ights every 10 days, check-in 3:00 p.m. –
7:00 a.m.)

Services
Homeless Education Program, LRSD 501-447-2988
501 Sherman Street, Little Rock, AR  72202

HOSPITALS/ CLINICS
AR Children’s Hospital 501-364-1100
AR Children’s Hospital Development Center
(Evaluation & therapy for developmentally
delayed children)

Free Clinics:
Harmony Health Clinic, 201 E. Roosevelt Rd.,
by Appointment only (medical and dental)
Monday – Thursday 9am – 3 pm Walk in
Accepted only Thursdays 5 – 9pm

HOTLINES
Suicide 1-800-273-TALK
Child Abuse 1-800-4achild 1-800-422-4453
National Runaway Switchboard 1-800-786-2929
Substance Abuse Hotline 1-855-649-6079
Cocaine 1-844-888-6908
National STD and AIDS Hotline 1-800-448-0440
Arkansas State Health Department 1-800-462-0599
Battered Women 1-802-658-1996
Child Abuse Hotline 1-800-422-4453
DHS Client Assistance 1-800-482-8988
National Highway Auto Safety 1-800-424-9393
Beech-Nut Nutrition for Babies 1-800-233-2468
Product Safety 1-800-638-2772
Alcoholics Anonymous 1-800-ALCOHOL
CDC 1-800-458-5231
American Council for the Blind 1-800-424-8666
Arkansas Trauma Foundation 1-212-772-0608
Cancer Information Service 1-800-4-CANCER
Child Find 1-800IAMLOST
Children’s Hospice 1-719-683-2792
American Diabetes 1-800-342-2383
Gambling 1-800-GAMBLER
National Adoption Center 1-800-TO-ADOPT
National Association for Hearing & Speech
Action
National Council on Alcoholism 1-800-475-HOPE

National Grief Recovery Institute 1-800-334-7606
National Brain Injury Association 1-800-444-NHIF
National Health Information Clearinghouse 1-800-336-4797
Parents Anonymous 1-909-621-6184
Co-parenting and Abduction 1-800-A-WAY-OUT
National Rehabilitation 1-800-34-NARIC
Relapse Prevention Hotline 1-866-949-8009
Sexually Transmitted Disease 1-800-227-8922
Shriners Hospital 1-800-237-5055
Trauma 1-800-556-7890
HOUSING

Public Housing
Little Rock Office 501-324-5931
North Little Rock Office 501-758-8911
ACORN

LEGAL SERVICES

Center for AR Legal Services 1-800-950-5817
Little Rock
Auditor of State 501-682-6030
American Civil Liberties Union 501-374-2660
Arkansas Bar Association 501-375-4606
Prosecuting Attorney’s Office 501-340-8000

MENTAL HEALTH

National Alliance for the Mentally Ill 501-661-1548 or
1-800-844-0381
Arkansas Cares 501-771-1500
United Methodist Children’s Home Shari Willding
2002 South Fillmore Program administrator
Little Rock, AR 72204
Phone: 501-906-4247
Fax: 501-296-1714
Email:swillding@mthodianistfamily.org
Arkansas State Hospital 501-686-8000
4313 West Markham, Little Rock, AR 72201
Bridgeway 501-771-1500
#12 Bridgeway Road, NLR
Centers for Youth and Families 501-666-8686
6101 W. 12th Street
(Parent Center)
Centers for Youth and Families 501-666-4949
6601 W 12th Street
(Diagnostic counseling for emotionally
troubled children)
Dayspring Therapeutic Mental Health Center 501-565-8501
9914 I-30
Little Rock, AR 72209
Little Rock Community Mental Health 501-686-9300
4400 Sheffield
Make a Wish Foundation 501-376-4650
Parental and Teen Pregnancy Hotline 800-235-0002
State Health Department 501-661-2000
Methodist Family Health 501-661-0720
1600 Aldersgate Rd. #200
Little Rock, AR 72205

Pinnacle Point Hospital 501-223-3322
11501 Financial Parkway, LR, AR
Rivendell Behavioral Health Services 501-316-1255
6724 interstate 30
Planned parenthood
Pulaski County Health Department 501-666-3243
Little Rock Family Planning Service 501-280-310
Catholic Diocese of Little Rock-Adoption 501-225-3836

(Teens can go to any local hospital that sponsors Operation Safe Place)
<table>
<thead>
<tr>
<th>Category</th>
<th>Service</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td><strong>PARENTING CLASSES</strong></td>
<td>Center for Youth &amp; Families Parent Center</td>
<td>501-666-6833</td>
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<tr>
<td><strong>PREGNANCY/HEALTH EDUCATION</strong></td>
<td>Department of Human Services Adoption Service</td>
<td>501-682-1001</td>
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<td></td>
<td>Florence Crittendon</td>
<td>800-522-6630</td>
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<td></td>
<td>AR Department of Health Promise House</td>
<td>501-376-4791</td>
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<td>(Residential Care for Pregnant teens)</td>
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<td></td>
<td>Pulaski County Health Department (STD)</td>
<td>501-280-3125</td>
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<td></td>
<td>3915 W. 8th Street, Little Rock, AR</td>
<td>501-340-8250</td>
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<td>Pulaski County Youth Services</td>
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<td></td>
<td>Learning Disabilities Association of Arkansas</td>
<td>501-666-8777</td>
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<td><strong>Teenage Parenting</strong></td>
<td>Teen Parent Program</td>
<td>501-666-6833</td>
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<td></td>
<td>Overeaters Anonymous</td>
<td>479-474-9606</td>
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<td></td>
<td>St. Francis House, 24 hours</td>
<td>501-664-5036</td>
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<td><strong>PREVENTION/EDUCATION</strong></td>
<td>American Red Cross</td>
<td>501-748-1000 Or 800-REDCROSS</td>
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<td>Arkansas Advocates for Children and Family</td>
<td>501-371-9678</td>
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<td>CPC Pinnacle Pointe Hospital</td>
<td>501-223-3322</td>
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<tr>
<td><strong>SUPPORT GROUPS</strong></td>
<td>Teen Hotline</td>
<td>1-800-852-8336</td>
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<td>Women and Children First</td>
<td>1-800-332-4443</td>
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<td>CPC Pinnacle Pointe Hospital</td>
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<td>Dorcas House</td>
<td>501-374-4022</td>
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<td><strong>UTILITY ASSISTANCE</strong></td>
<td>CADC (Central Arkansas Development Council)</td>
<td>501-603-0909</td>
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<td><strong>VIOLENT BEHAVIOR</strong></td>
<td>Family Service Agency - Anger Management Program and Domestic Violence</td>
<td>501-372-4242</td>
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<td><strong>YOUTH HOME</strong></td>
<td>Behavioral Health Service of Arkansas</td>
<td>501-954-7470</td>
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<td></td>
<td>Outpatient Phone</td>
<td>501-954-7470</td>
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